

THE ORANGE BIRD IN NUTRITION ADVENTURES





SNACK TIME



Draw a line to match each word with a picture.

RAISINS



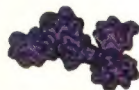
CELERY



BANANA



NUTS



CHEESE



GRAPES



TOMATO



ORANGE



CARROT



THE ORANGE BIRD in HELPING OUT

I'M SLEEPY TOO, ORANGE BIRD!
WHY ARE WE UP SO EARLY?

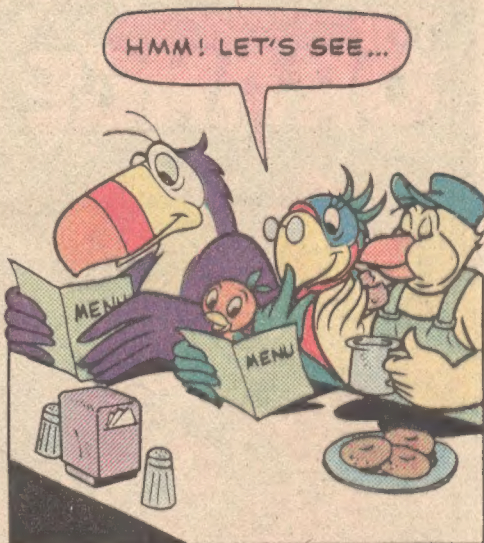
Z

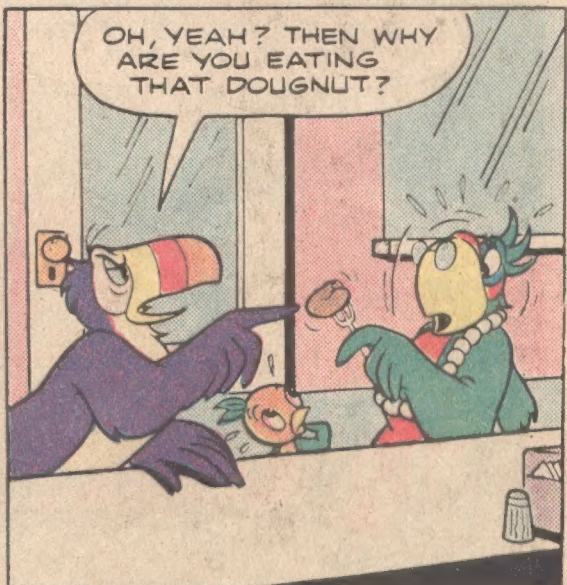
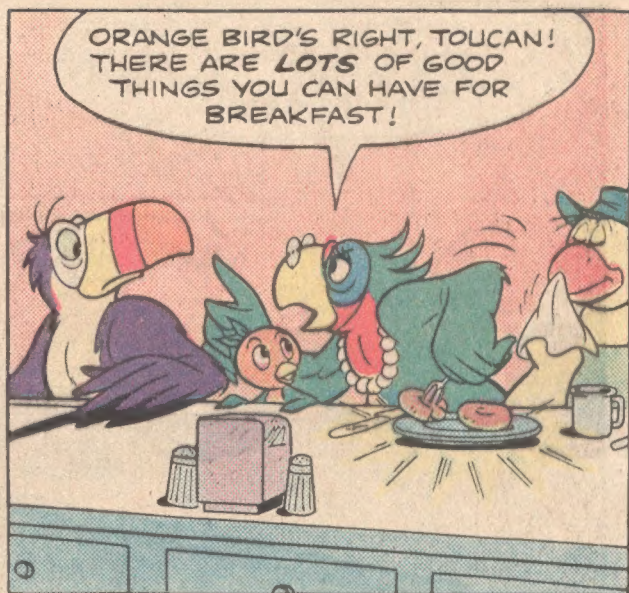
WE'RE GOING TO HELP
FARMER BROWN WITH
HIS CHORES TODAY!

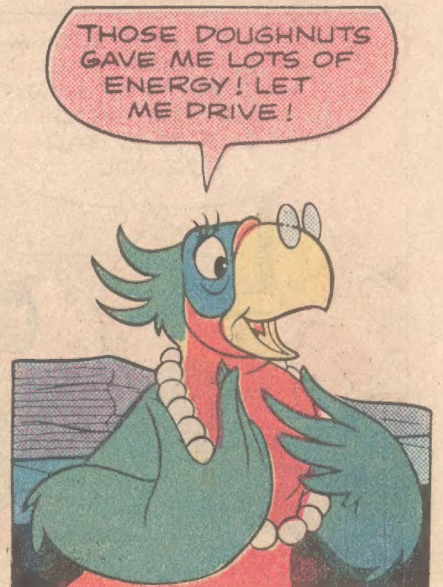
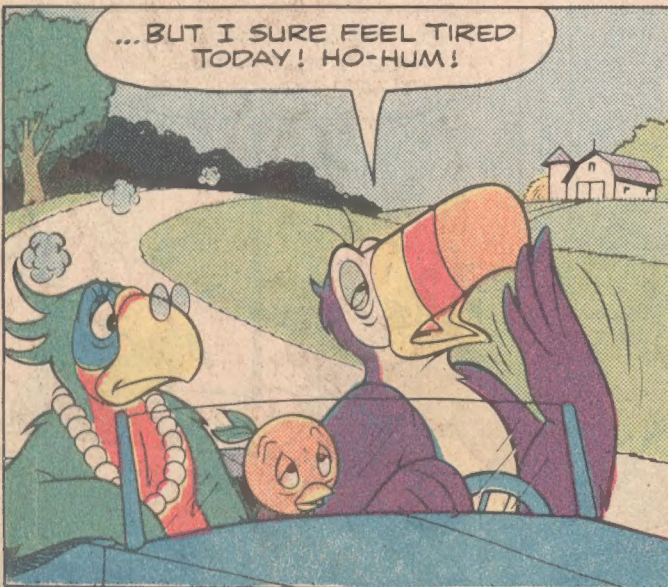
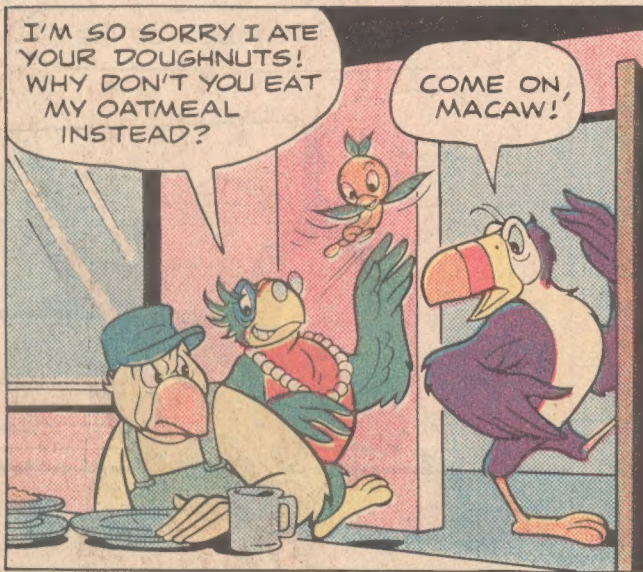
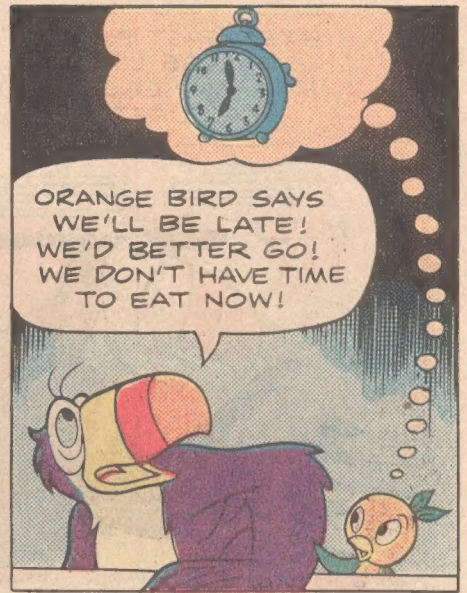
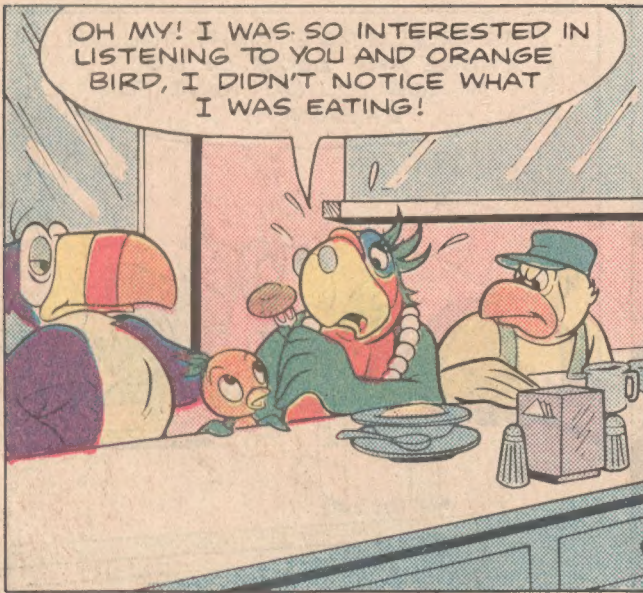
THAT'S RIGHT!
WE HAVEN'T HAD
BREAKFAST!

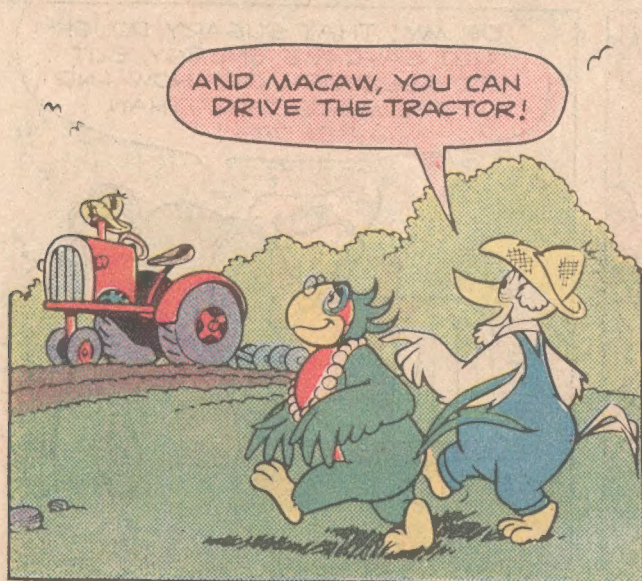
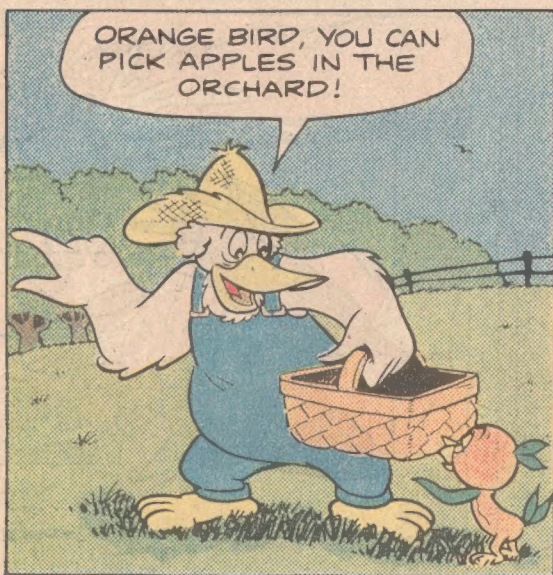
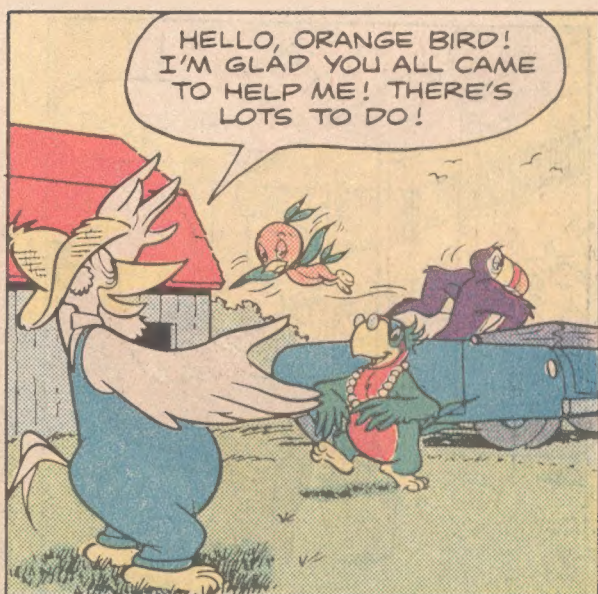
WE CAN'T WORK WELL
WITHOUT BREAKFAST,
AFTER A WHOLE
NIGHT WITHOUT
FOOD!

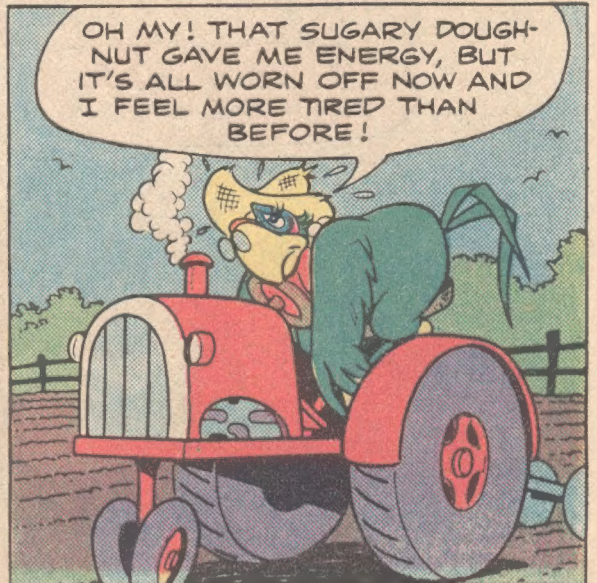
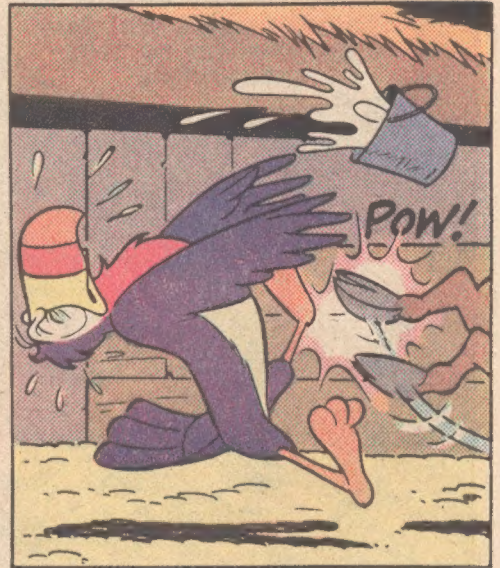
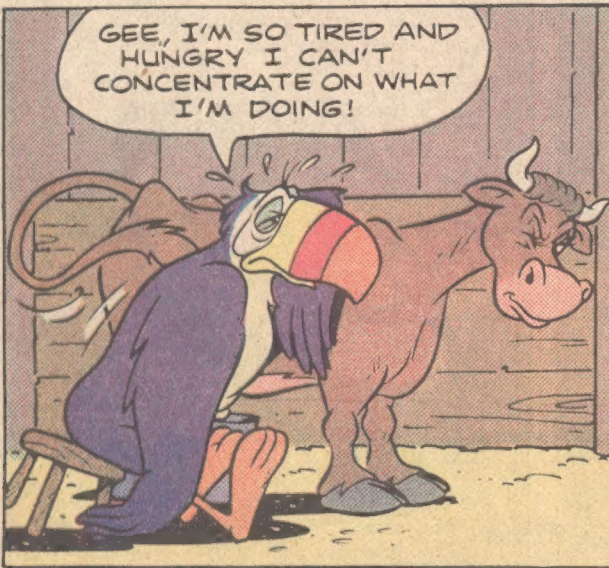
OKAY,
ORANGE BIRD!
WE'LL STOP
FOR
BREAKFAST!

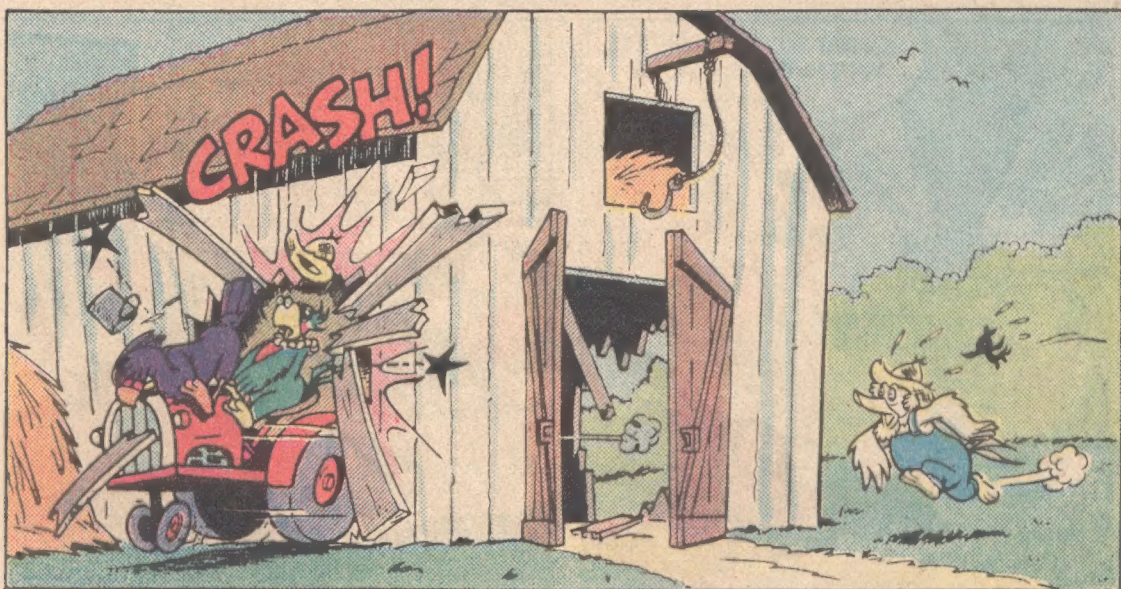
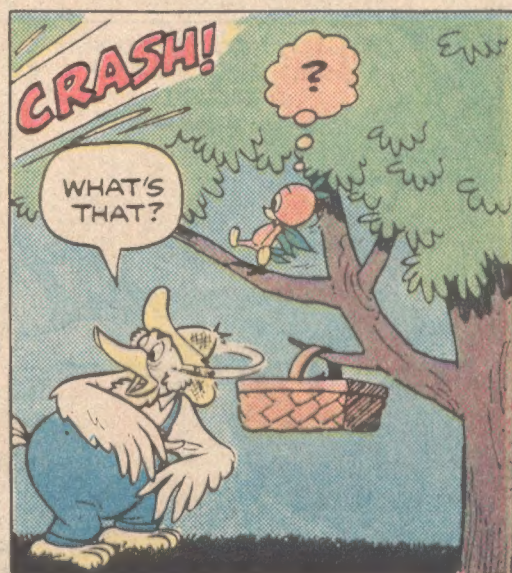
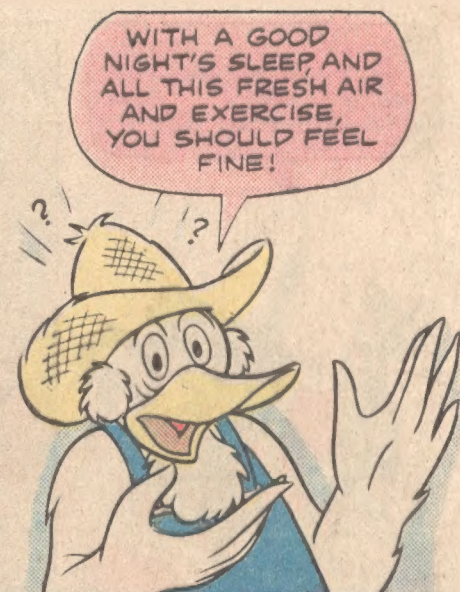
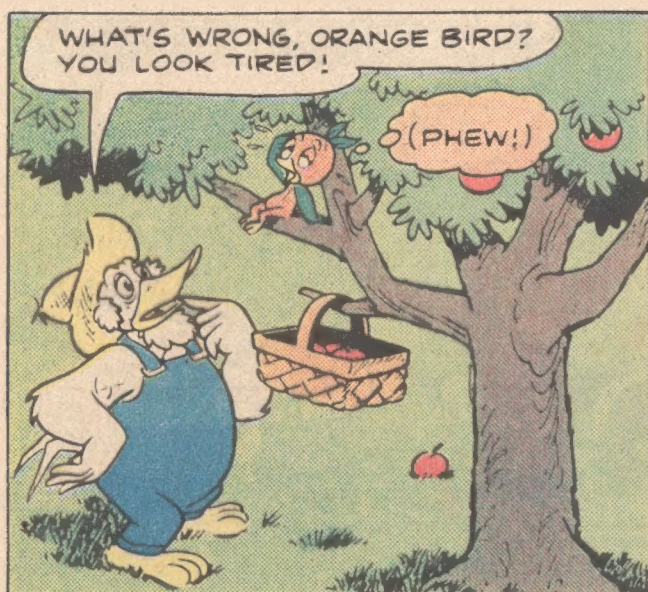




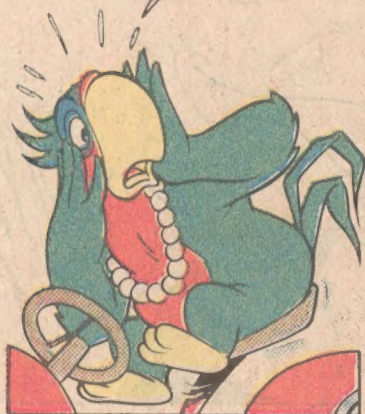




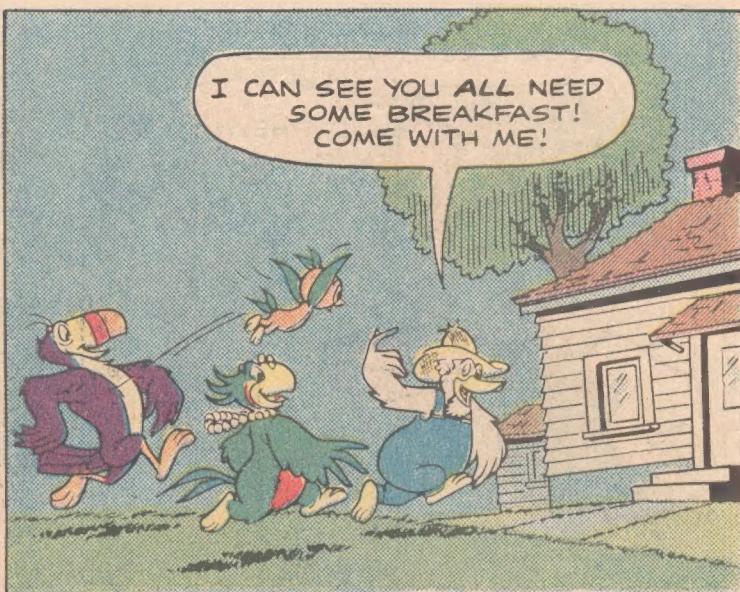




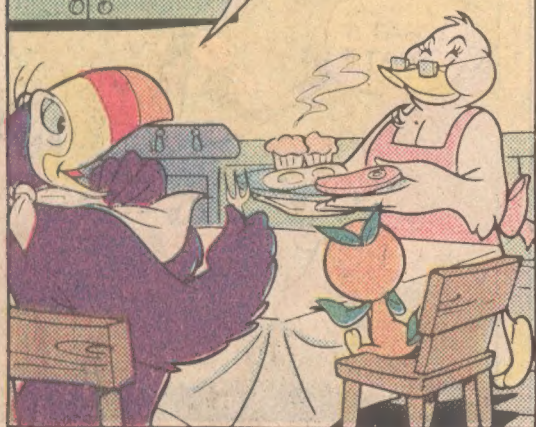
OH, MY! I'M SORRY!
I GOT SO WEAK AND
DIZZY, I DIDN'T LOOK
WHERE I WAS GOING!



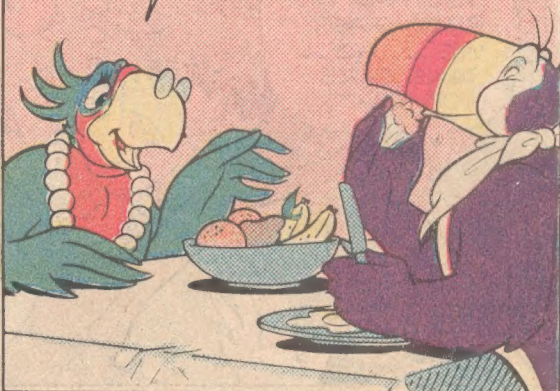
I CAN SEE YOU ALL NEED
SOME BREAKFAST!
COME WITH ME!



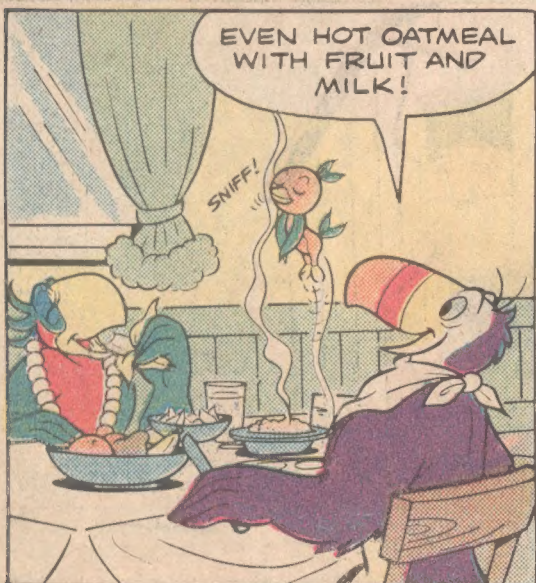
OH, BOY! SLICED HAM,
EGGS, AND FRESH
ROLLS!



AND ORANGES,
AND BANANAS,
AND APPLES!

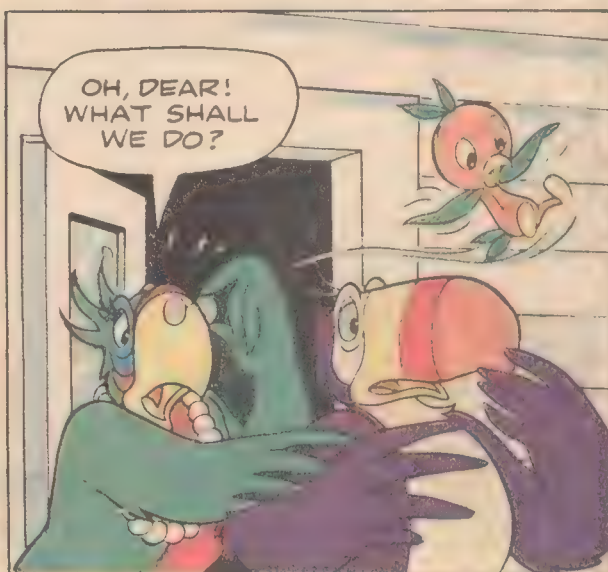
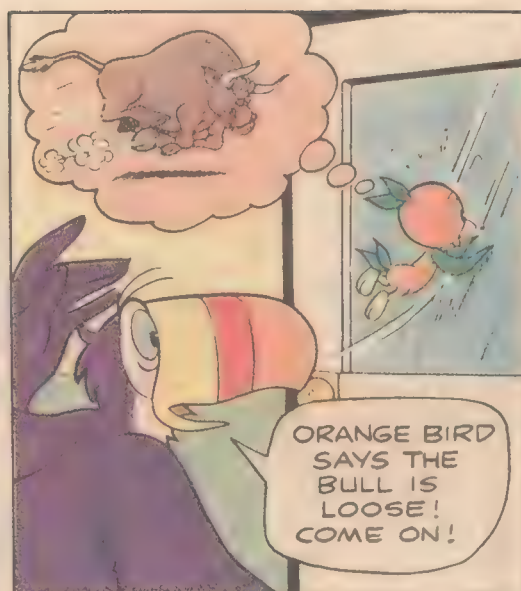


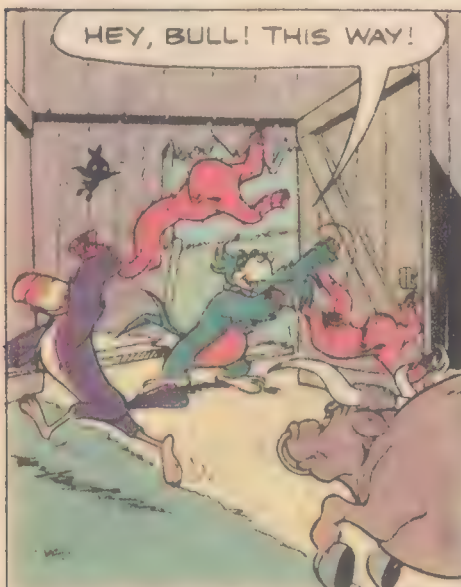
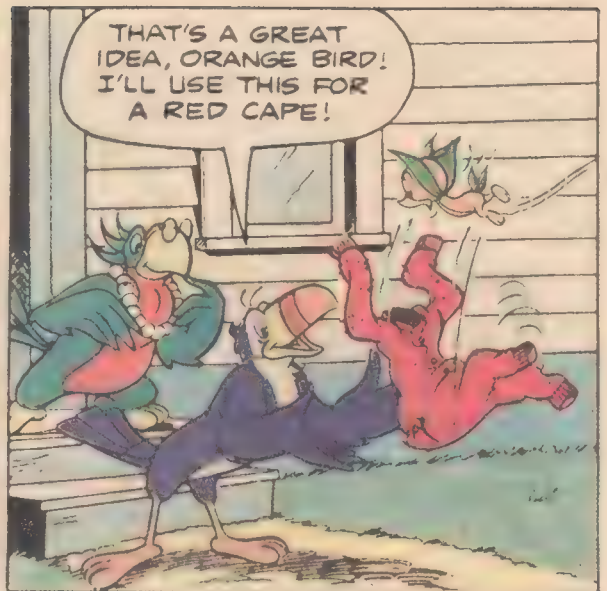
EVEN HOT OATMEAL
WITH FRUIT AND
MILK!

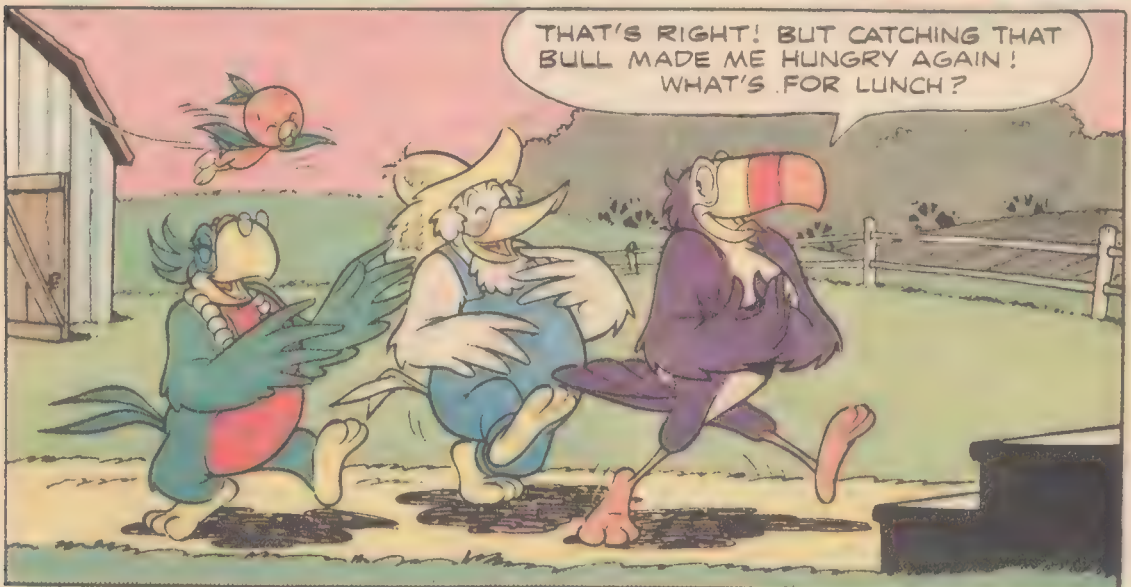
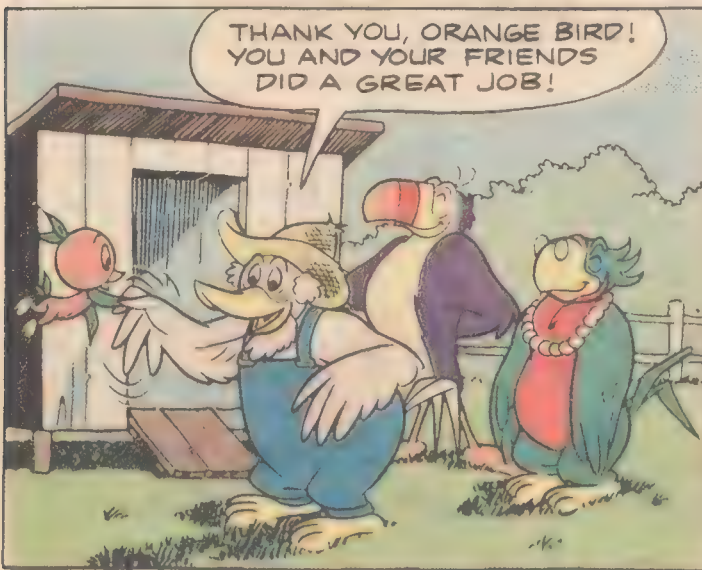
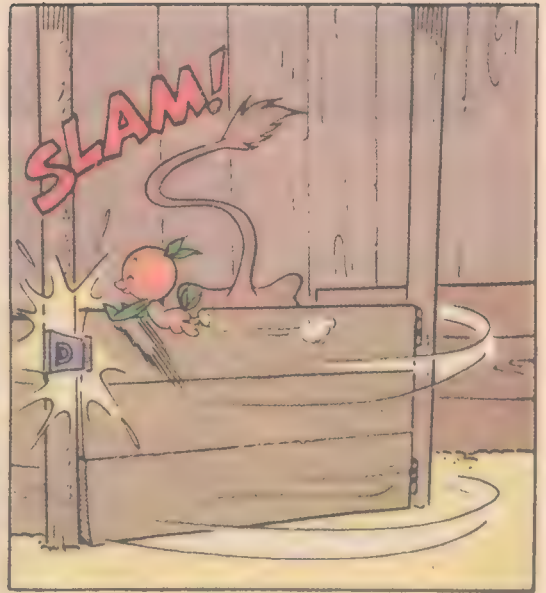


MM! THAT
WAS GOOD!









THE ORANGE BIRD in A DAY OFF

IT LOOKS LIKE TOUCAN IS MOWING HIS LAWN! LET'S GO SEE HOW HE IS DOING!

RRRRR!

OKAY!

WHERE ARE YOU, TOUCAN?

??

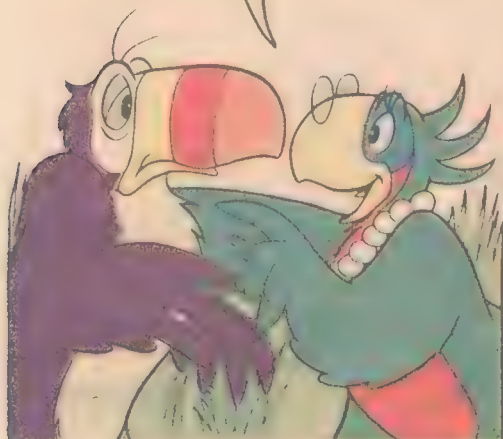
HERE I AM...YOU KNOW THIS GRASS GROWS FASTER THAN I CAN MOW IT!

YOW!

SPROING!

SEE WHAT I MEAN?

YOU'VE BEEN WORKING
TOO MUCH LATELY! YOU
NEED A DAY TO RELAX!

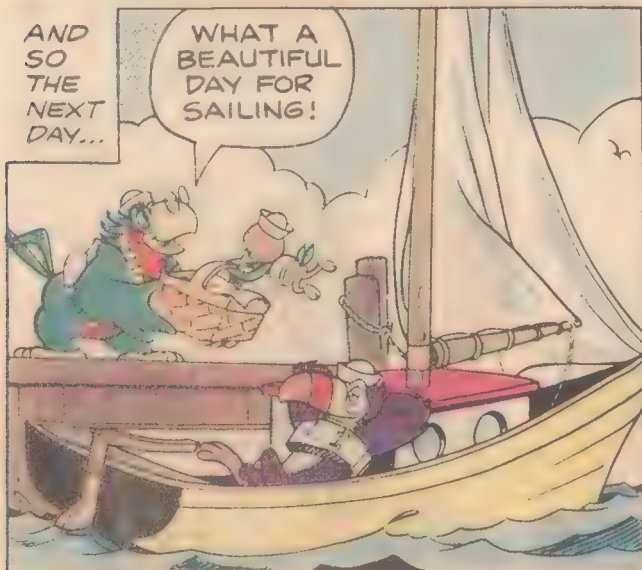


THAT'S A GOOD IDEA,
ORANGE BIRD! LET'S
SAIL OUT TO COCONUT
ISLAND AND HAVE
A COOKOUT!



AND
SO
THE
NEXT
DAY...

WHAT A
BEAUTIFUL
DAY FOR
SAILING!



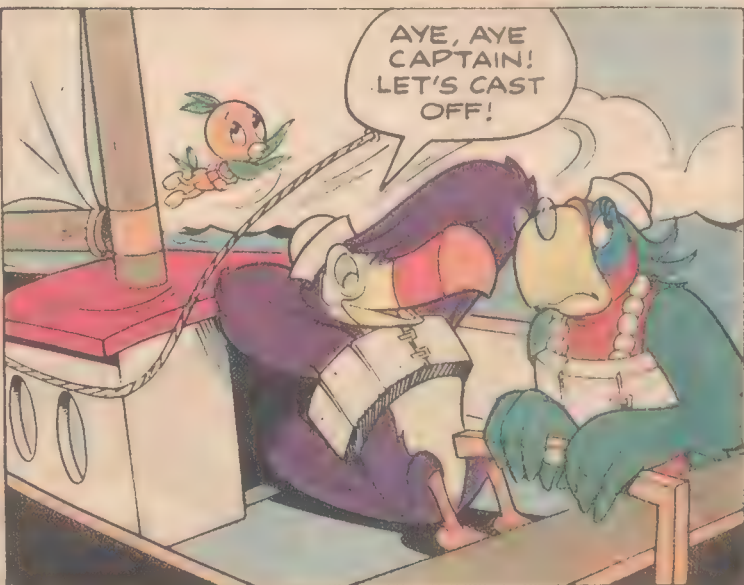
YOU WERE RIGHT, ORANGE
BIRD! AND A COOKOUT
WILL BE A GREAT WAY
TO RELAX!



LOOKS LIKE
EVERYTHING'S
ABOARD! LET'S
CAST OFF!



AYE, AYE
CAPTAIN!
LET'S CAST
OFF!



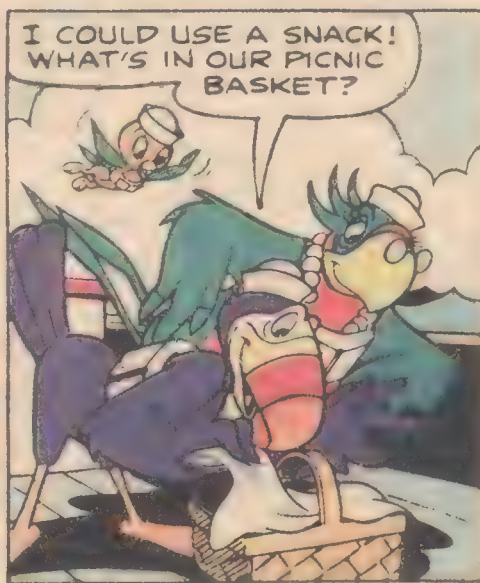
AND SO OUR
FRIENDS
SET OFF!



AH! THAT FRESH SEA
AIR MAKES ME HUNGRY!



I COULD USE A SNACK!
WHAT'S IN OUR PICNIC
BASKET?

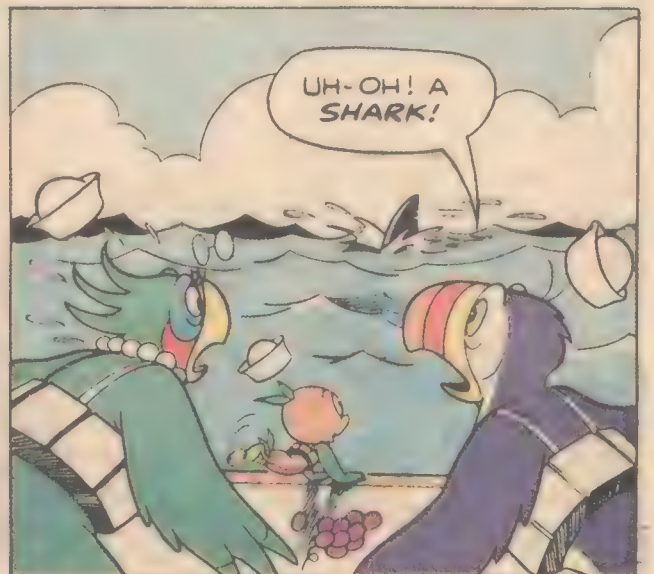
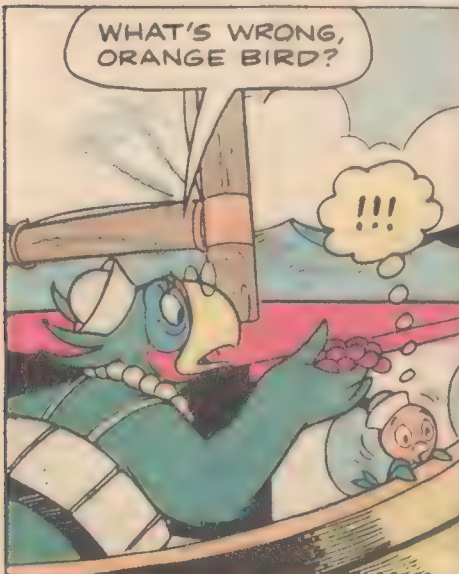
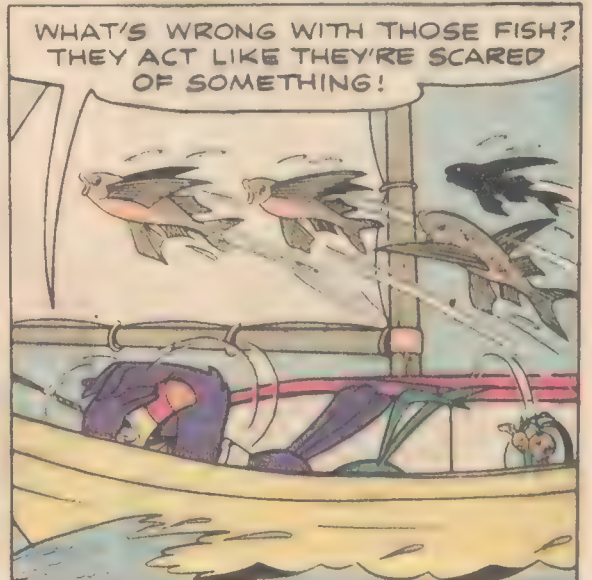
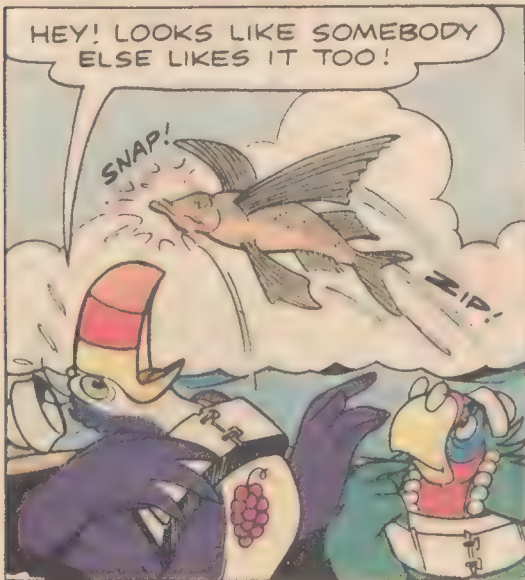
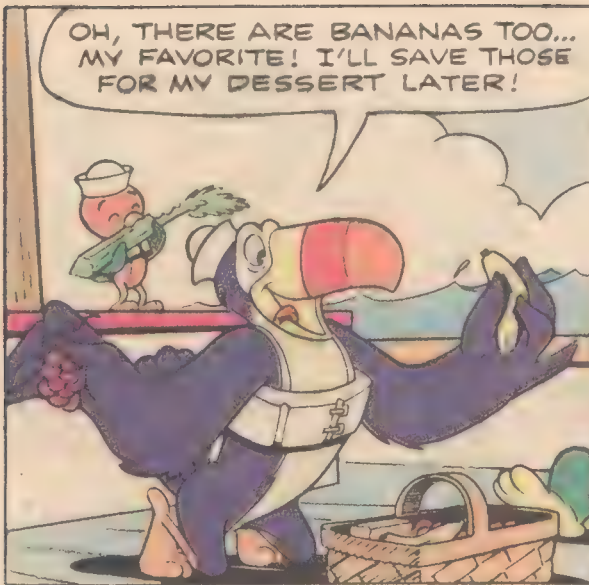


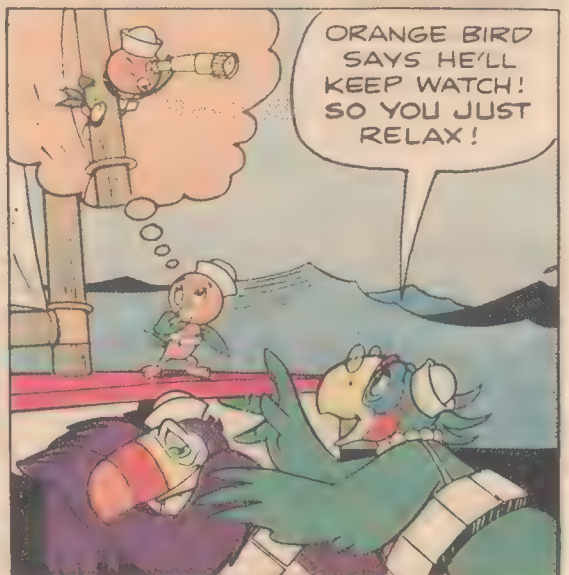
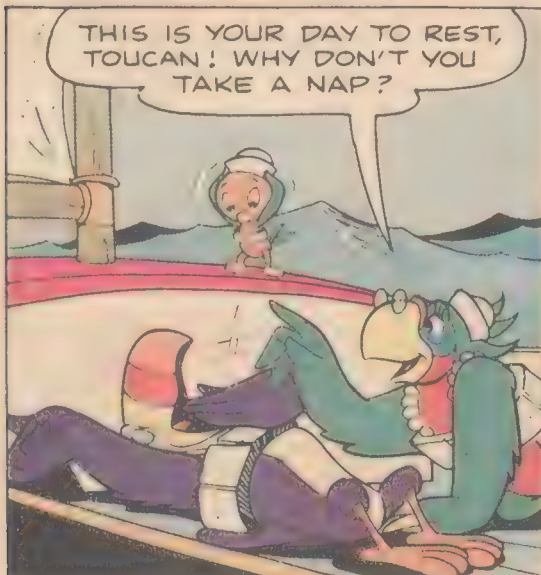
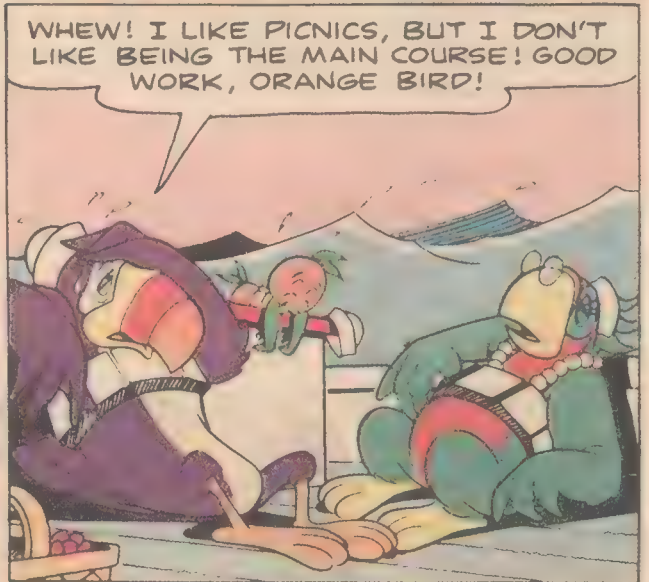
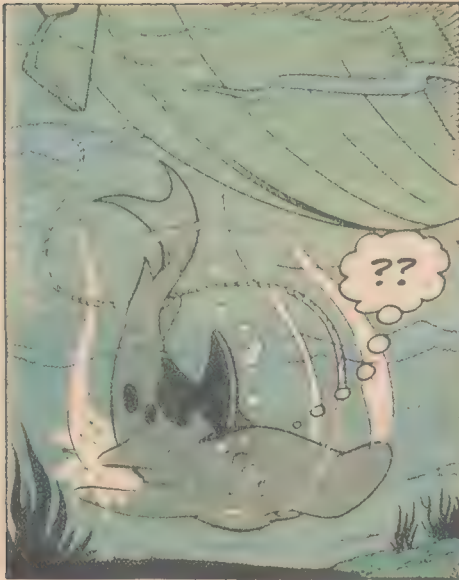
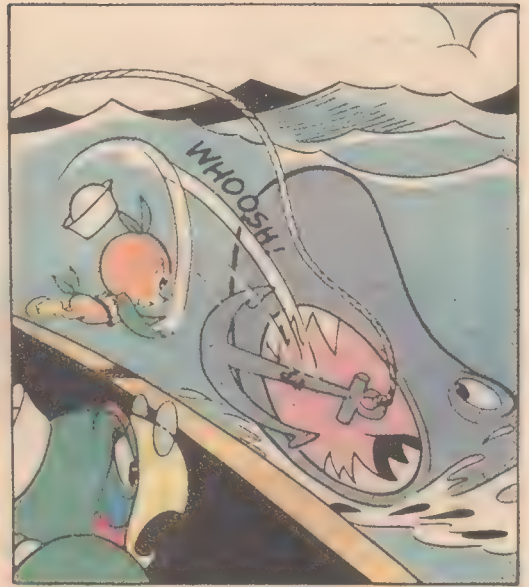
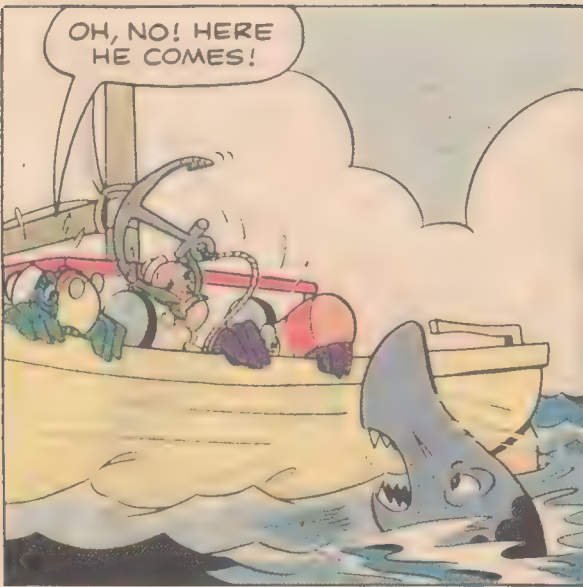
HM...THERE ARE NUTS
AND RAISINS! THAT'S
WHAT I WANT!

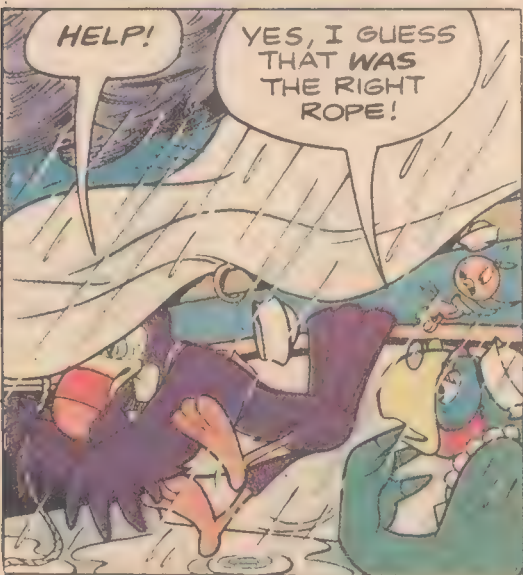
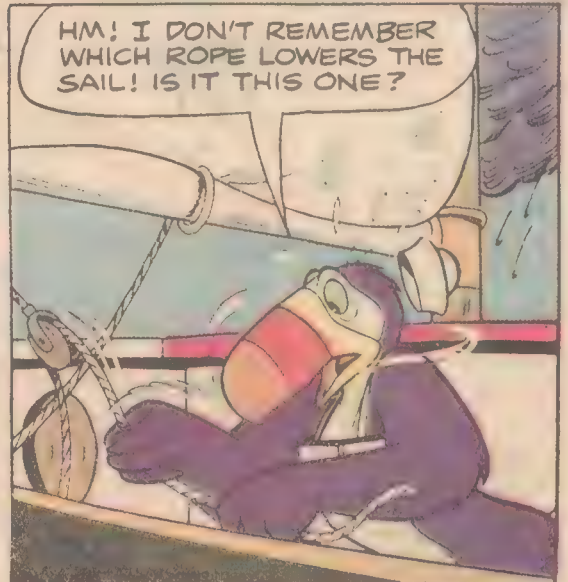
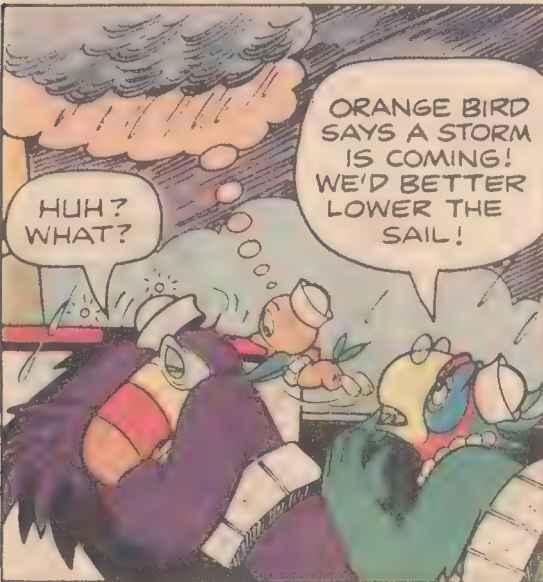
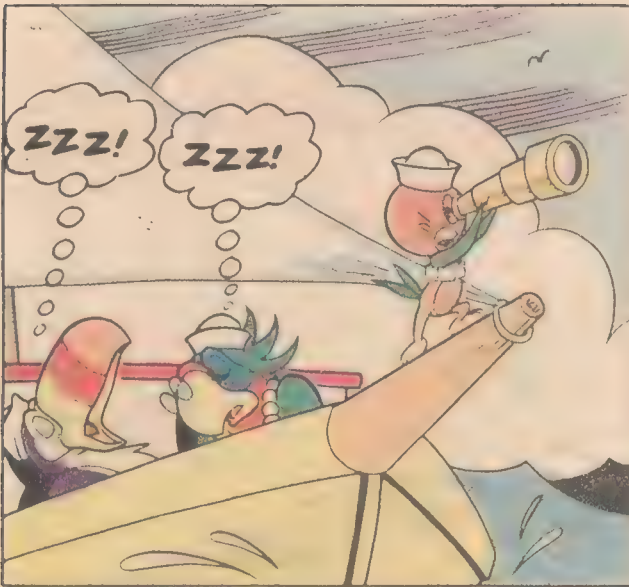


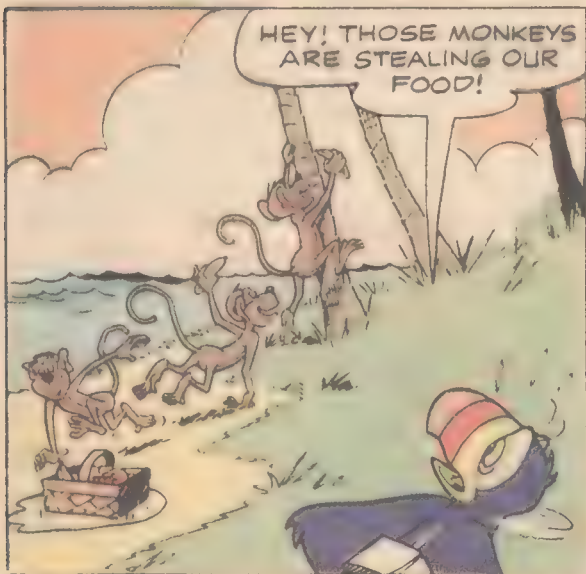
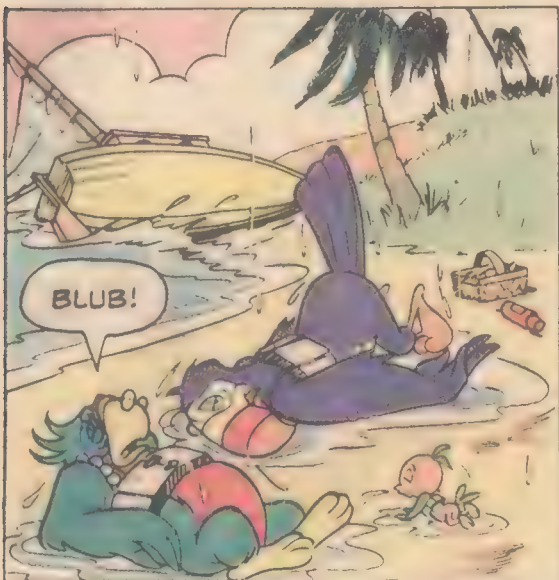
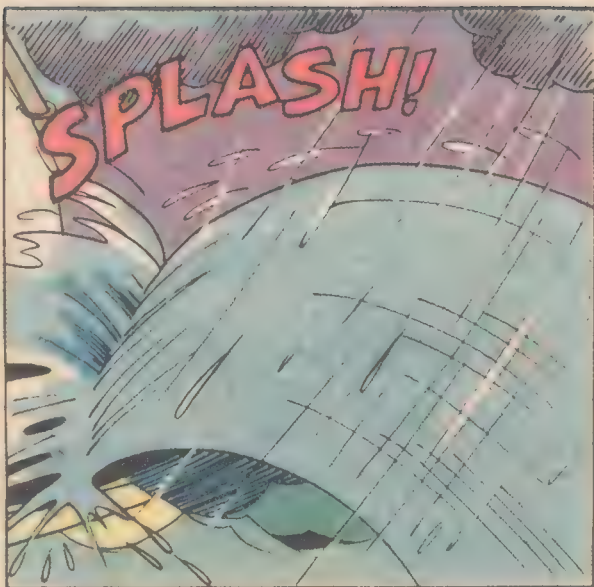
YOU'RE GOING TO HAVE CELERY
ORANGE BIRD? I THINK I'LL
HAVE SOME GRAPES!

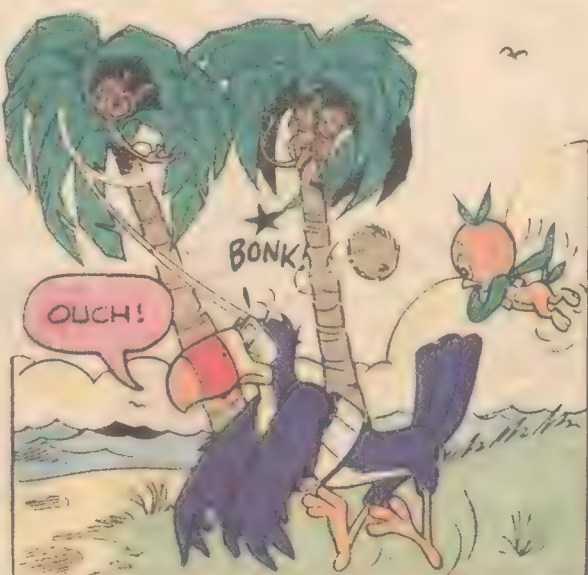
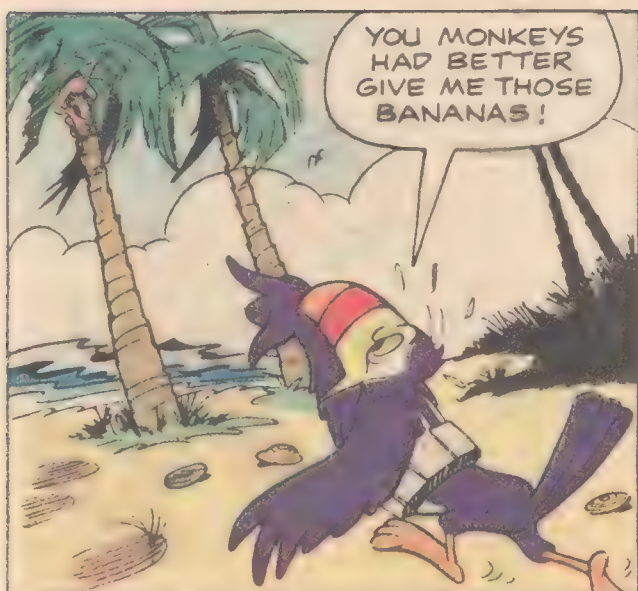


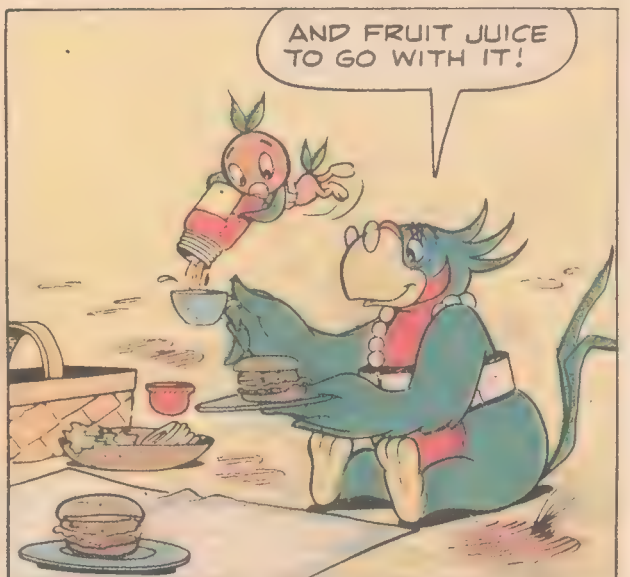
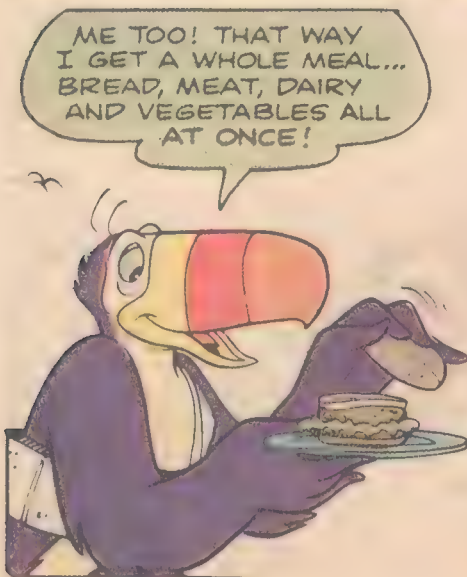
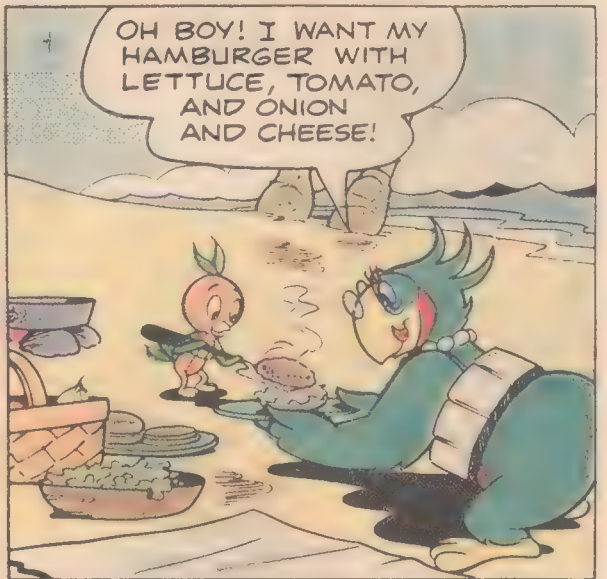
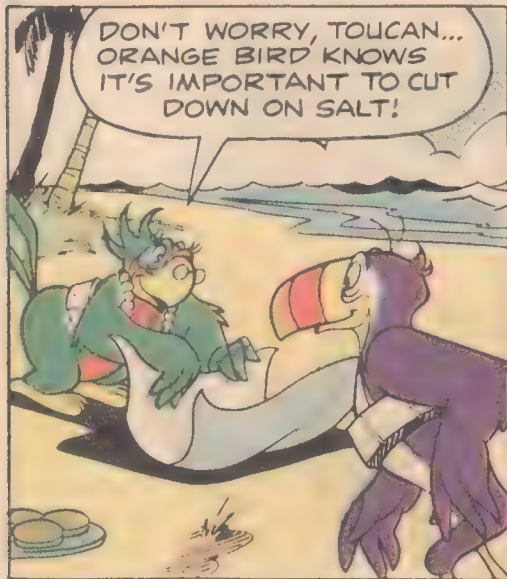
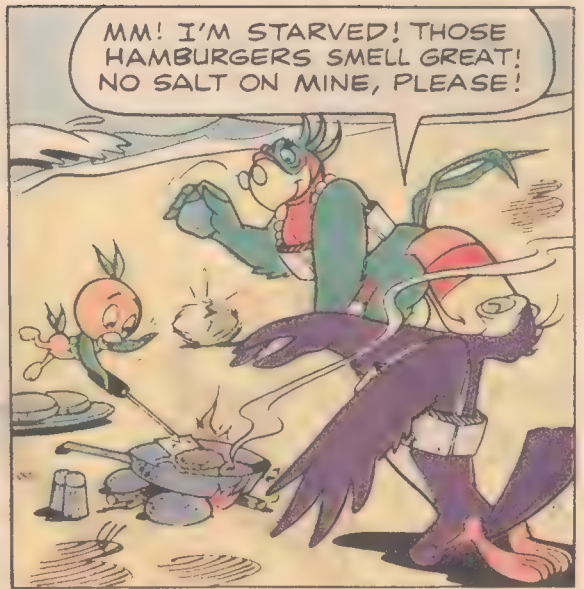


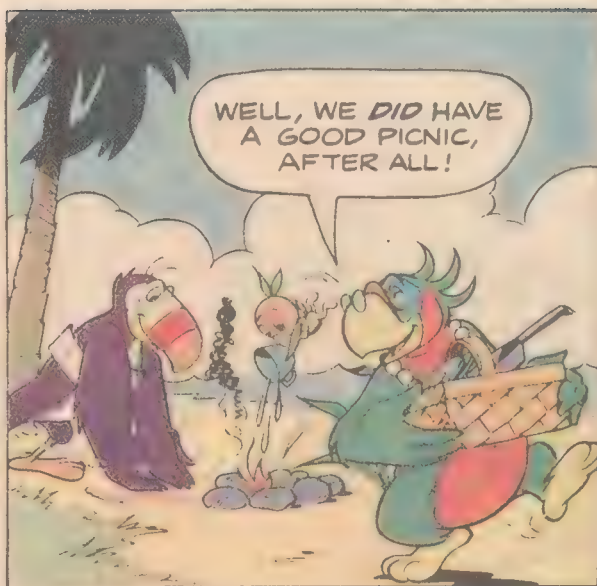


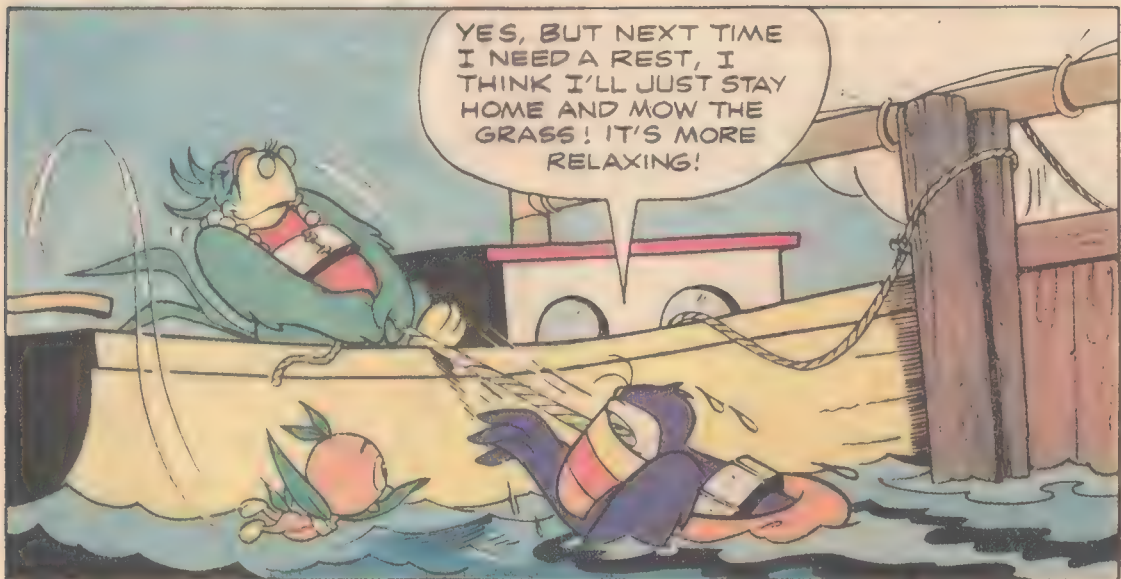
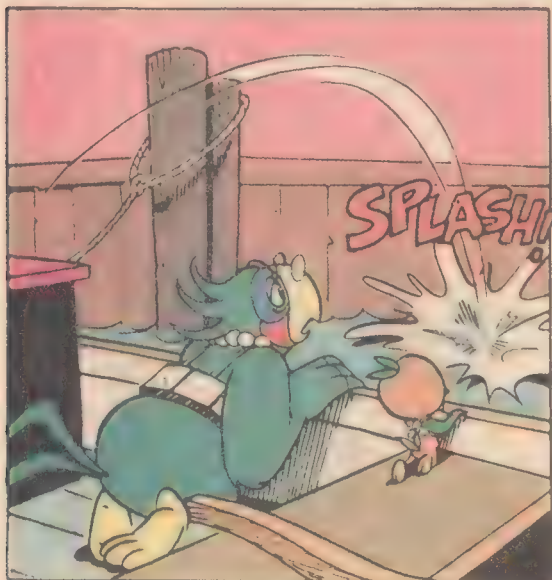
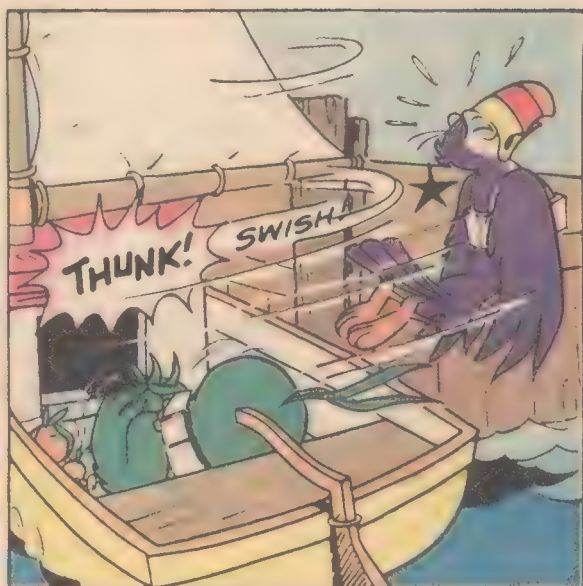
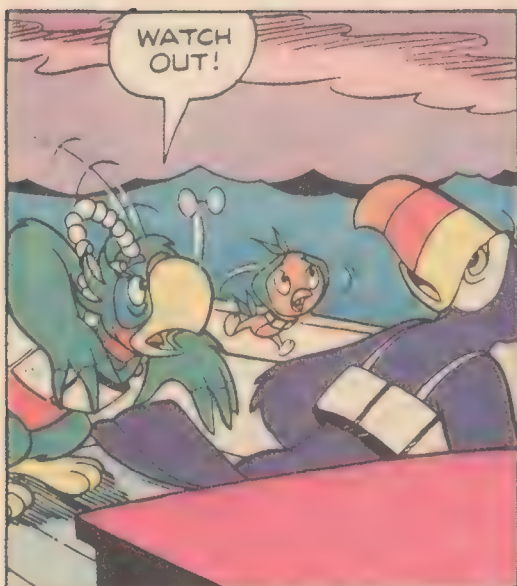




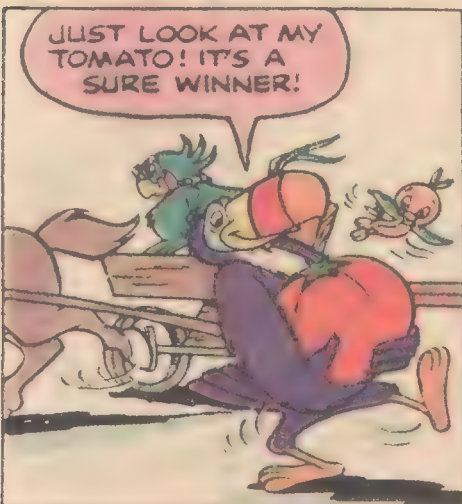
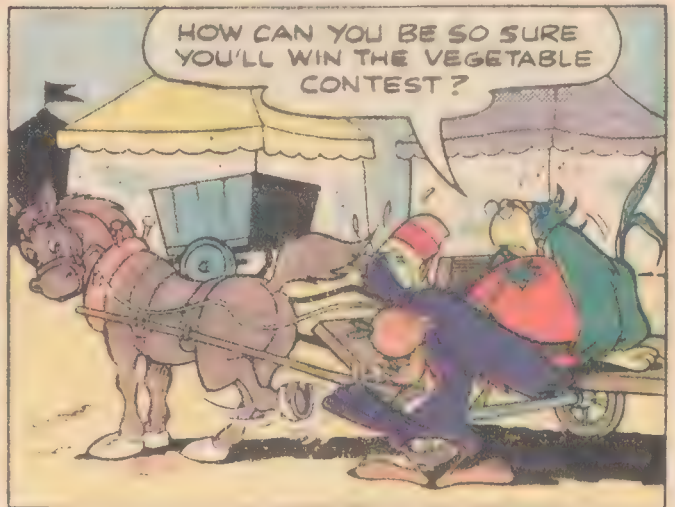
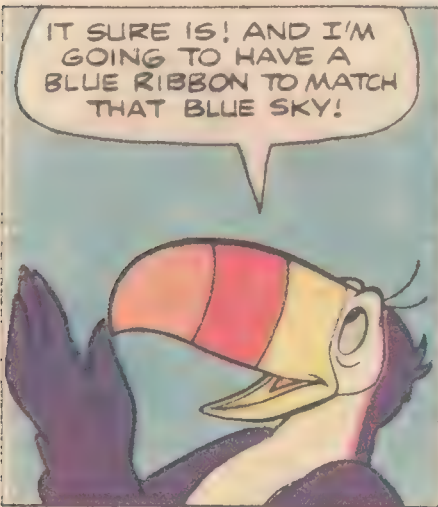
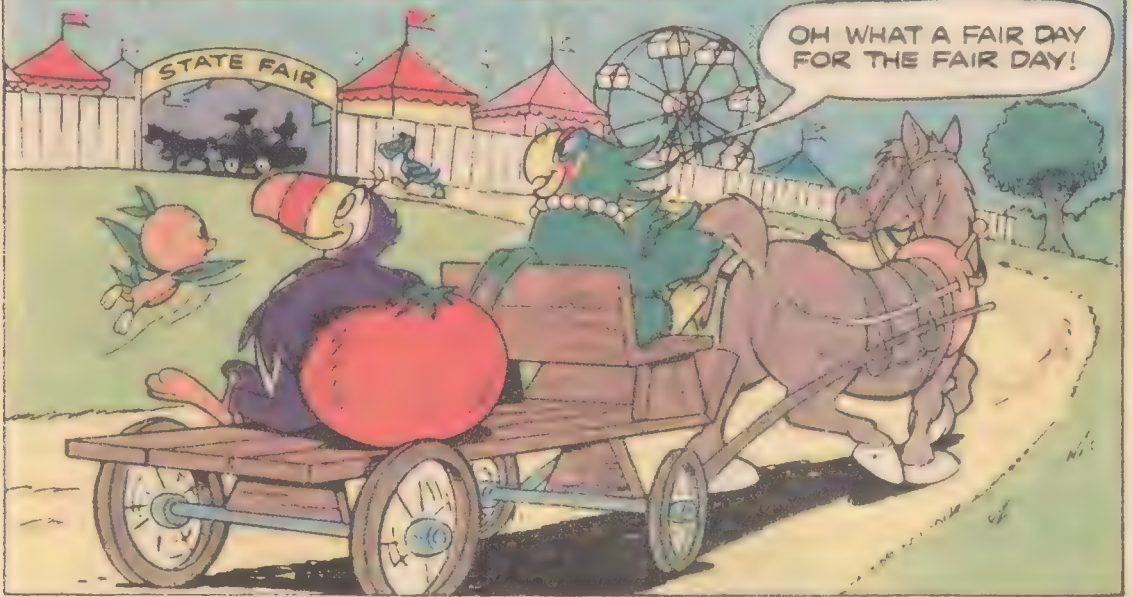


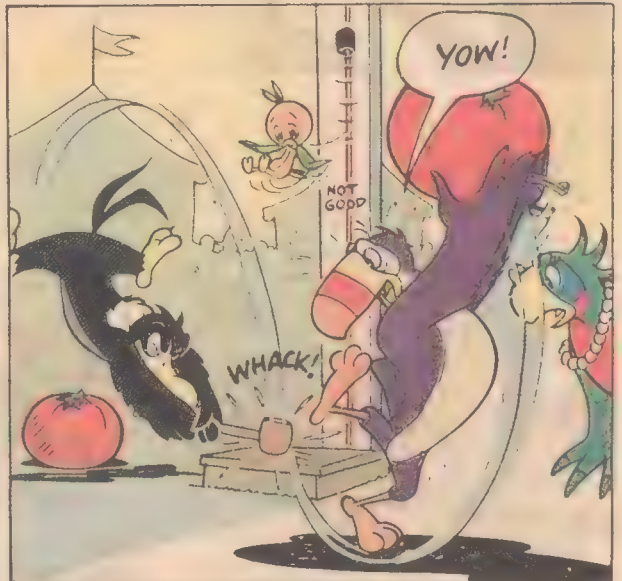
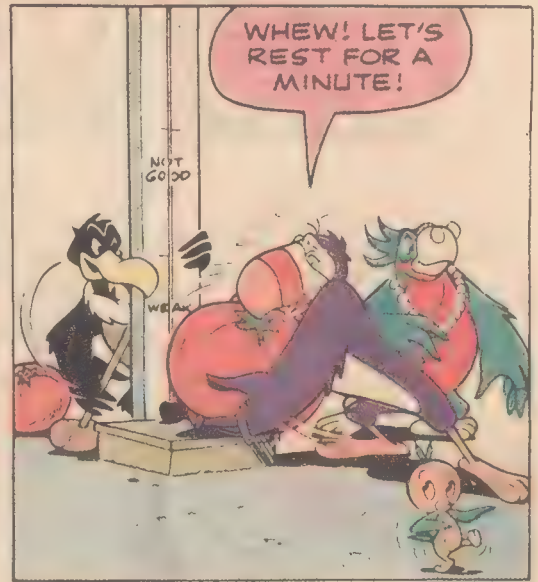
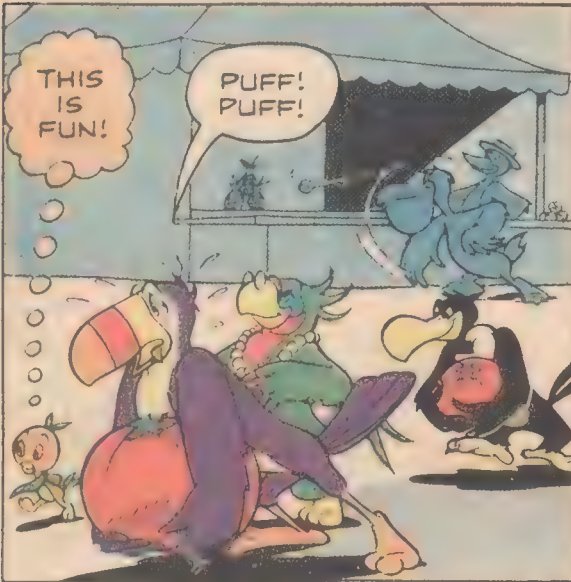
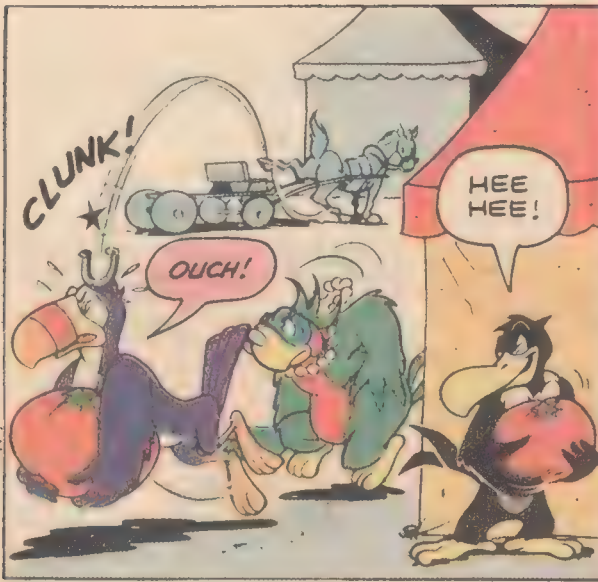


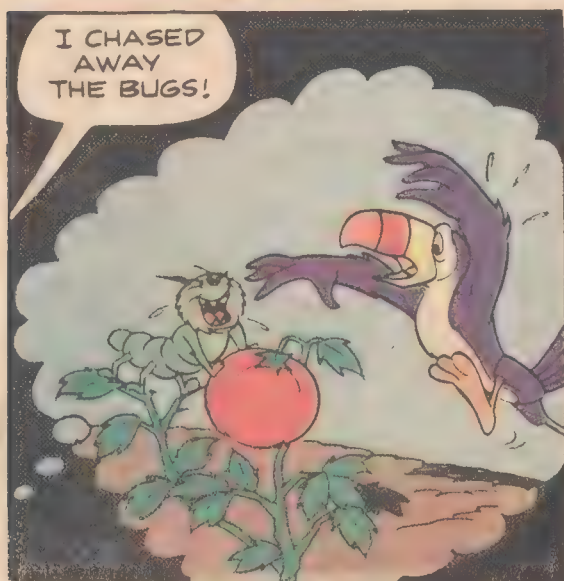
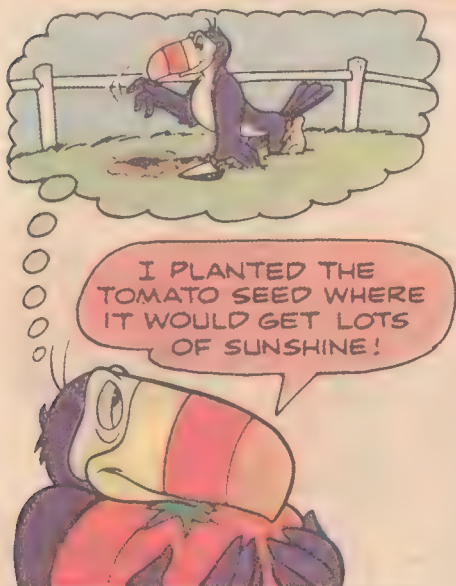
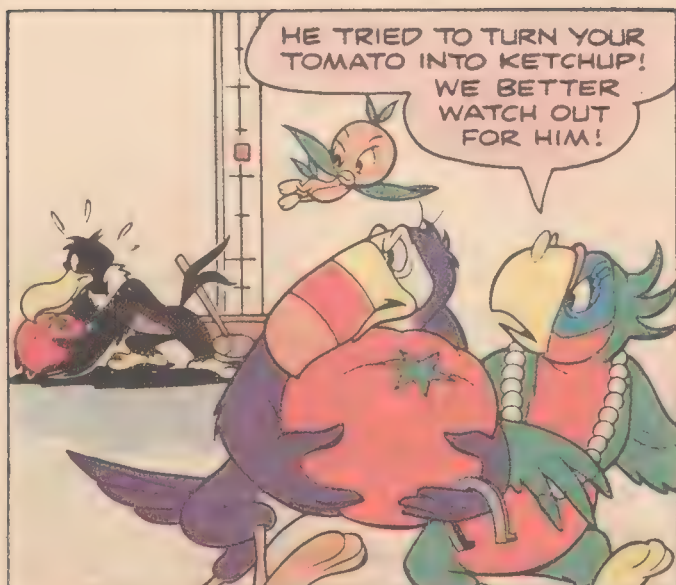


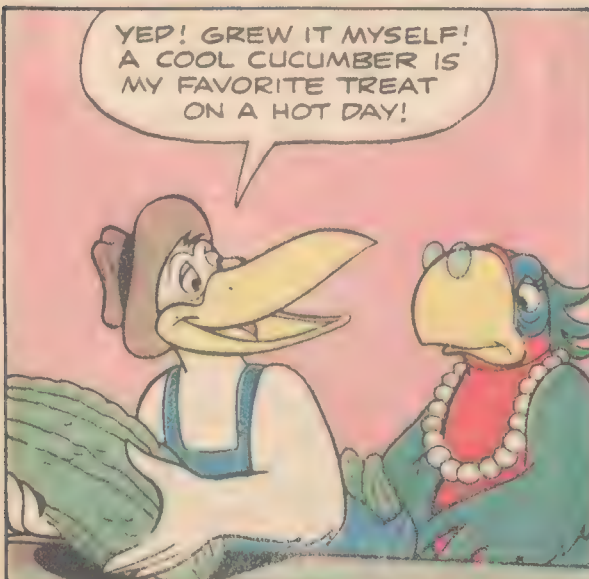
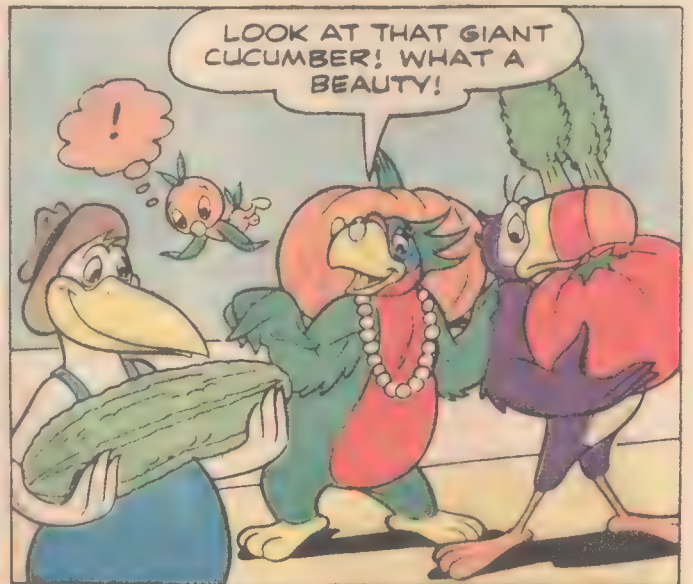
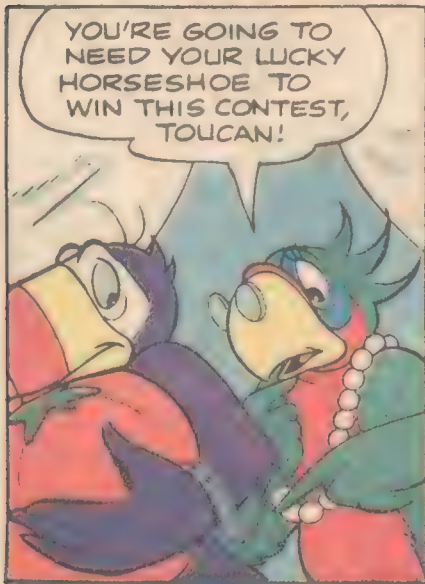
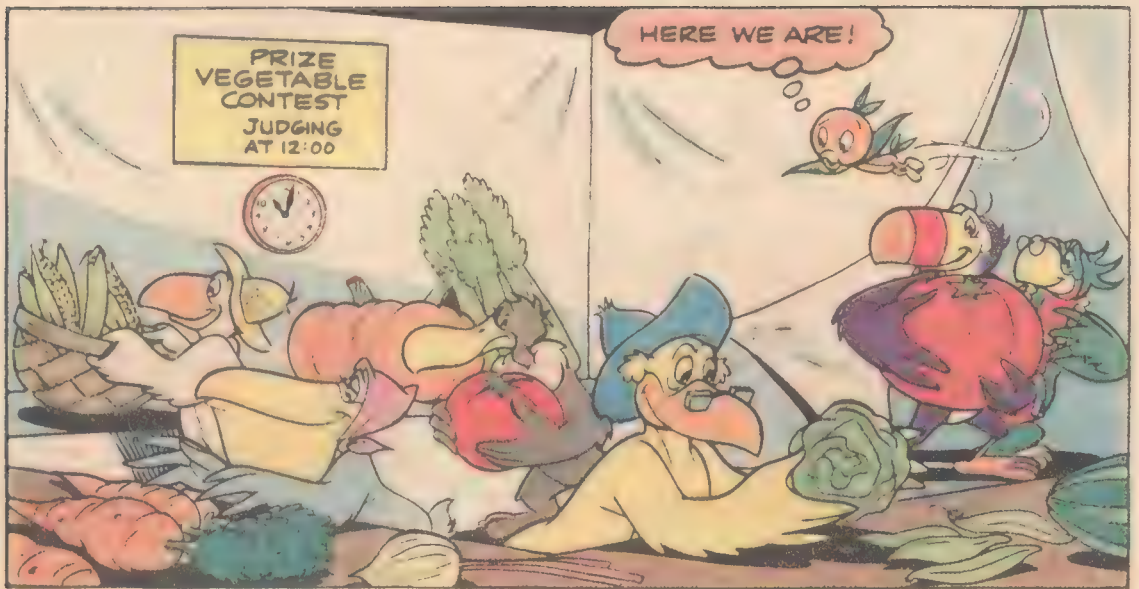


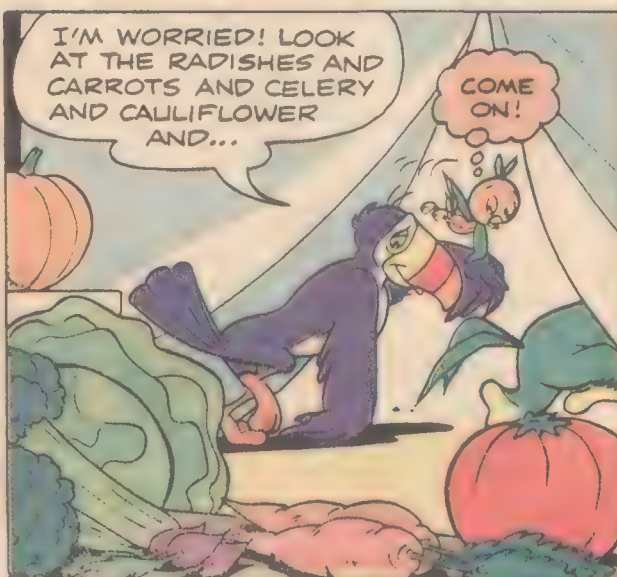
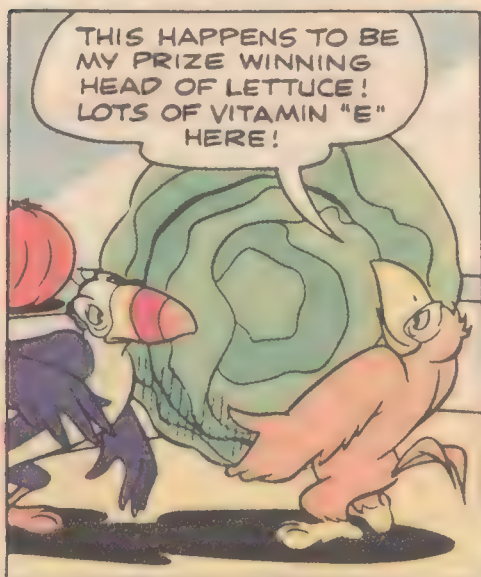
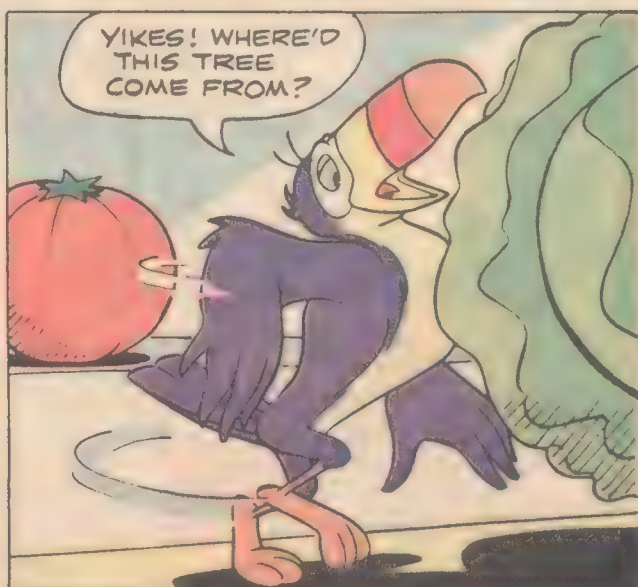
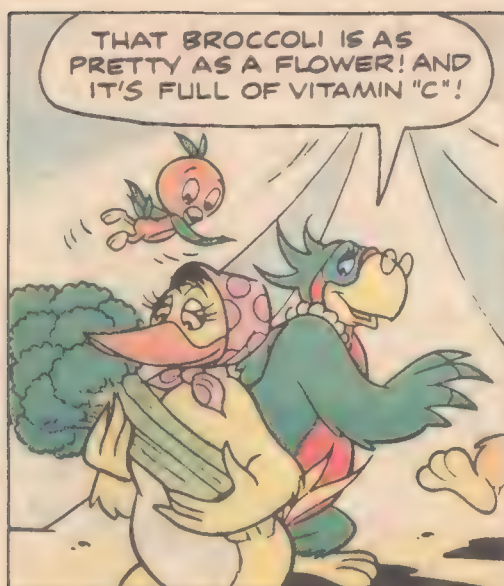
THE ORANGE BIRD in FAIR DAY

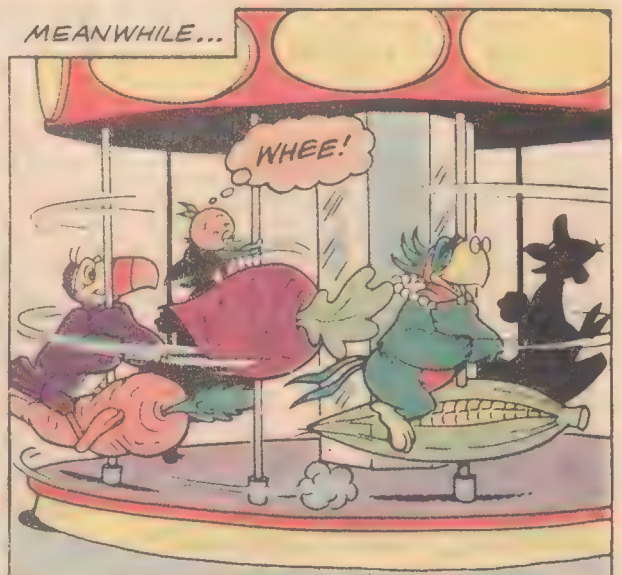
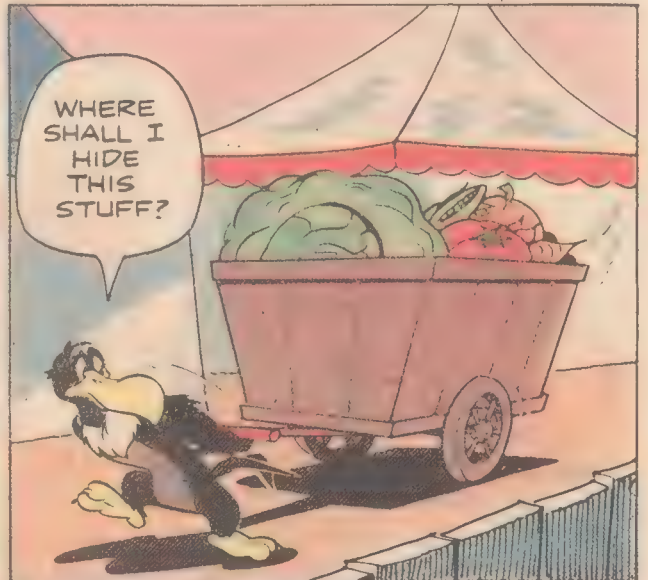
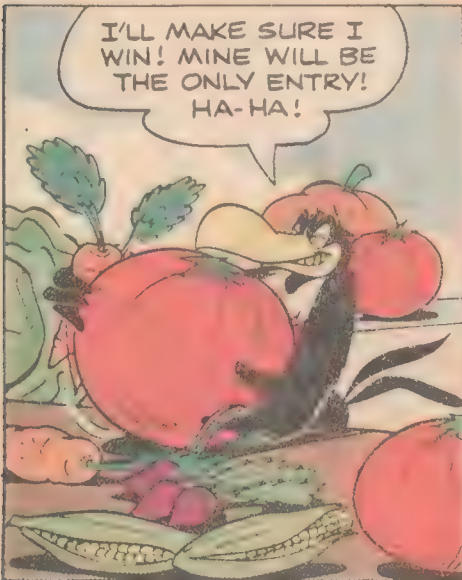


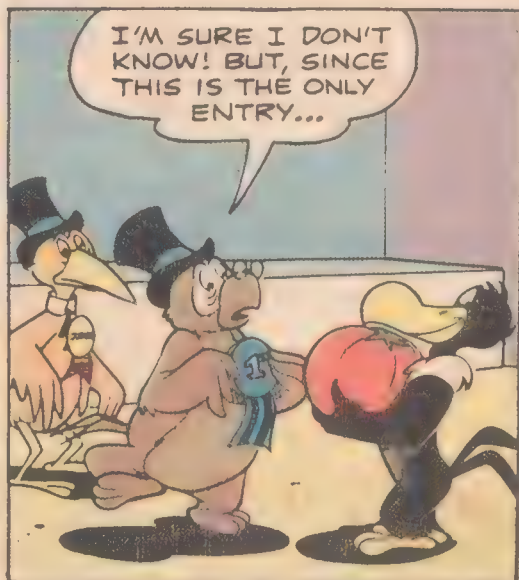
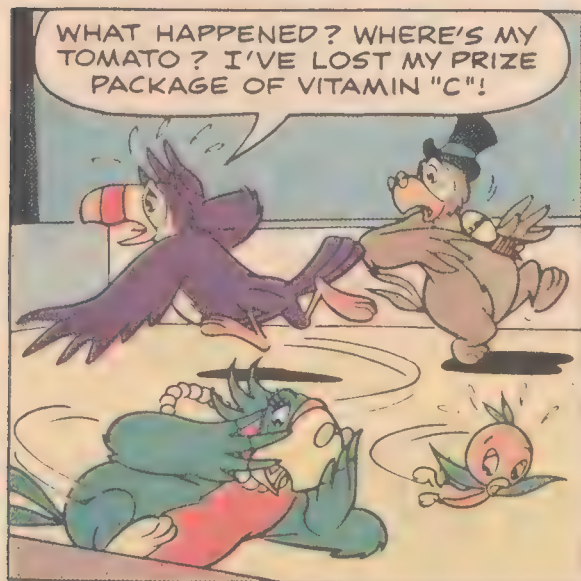
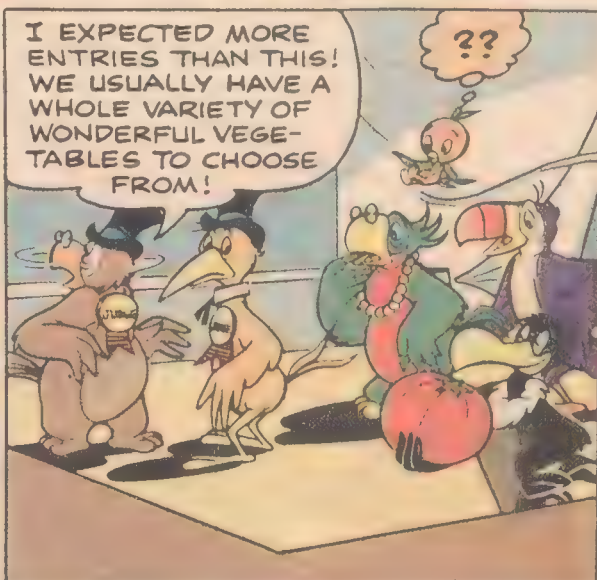
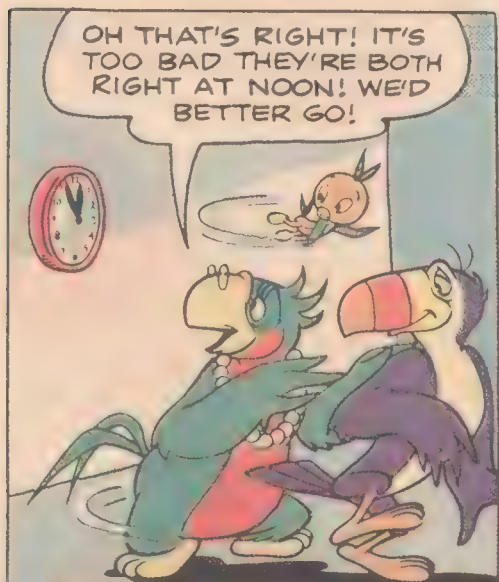
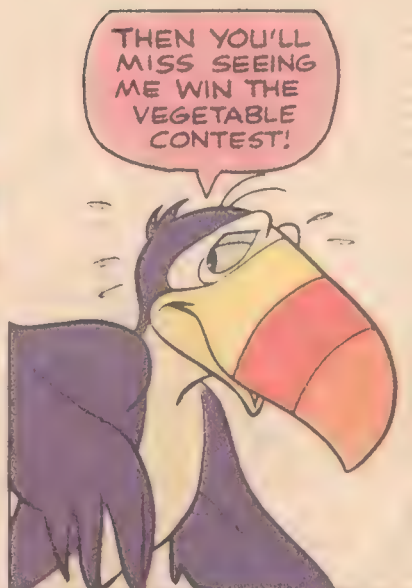


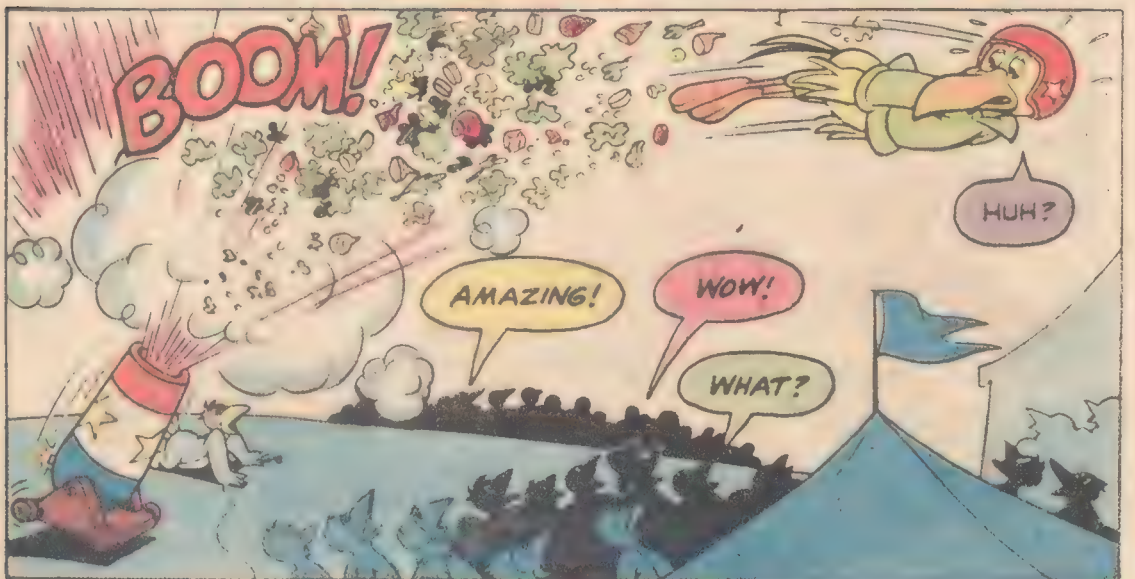
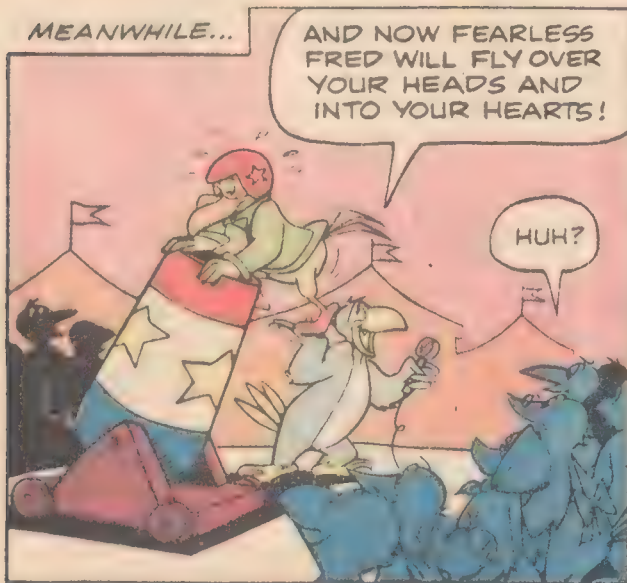
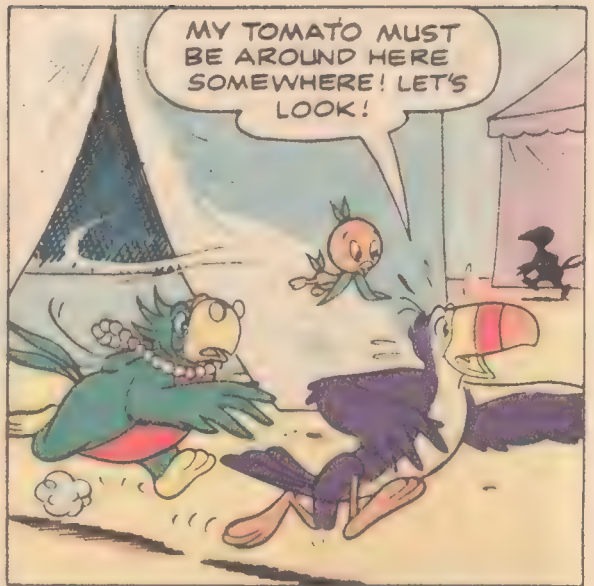
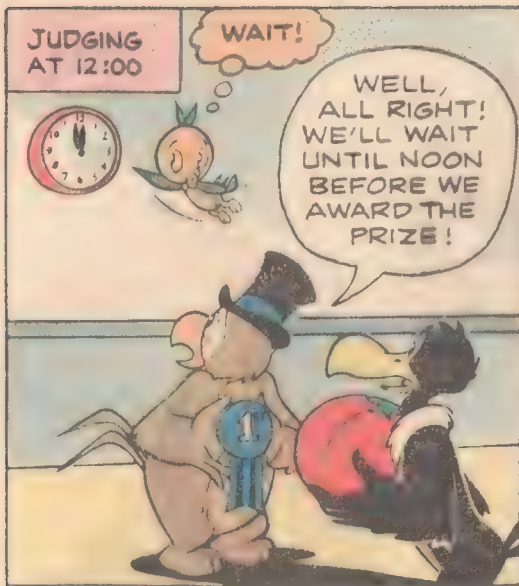


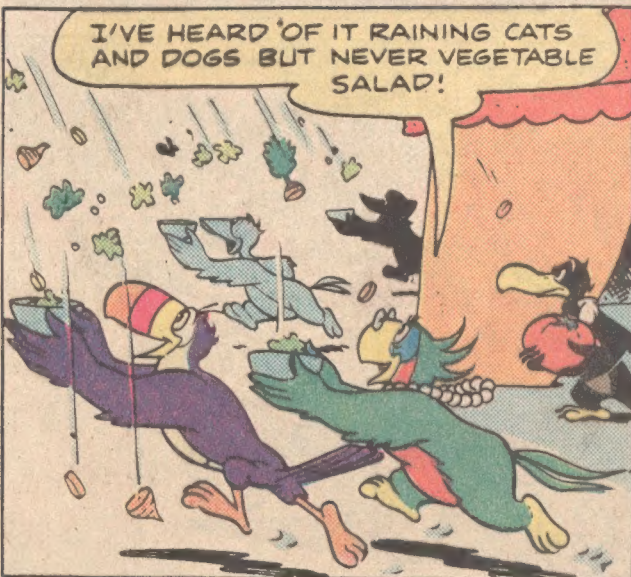
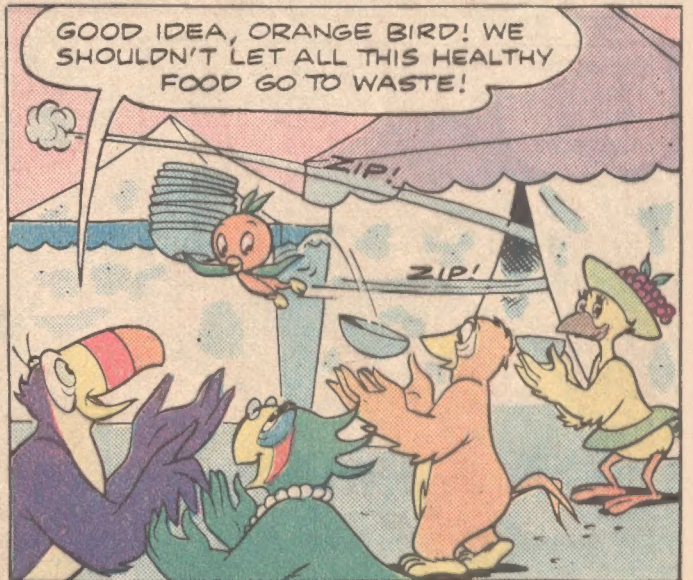
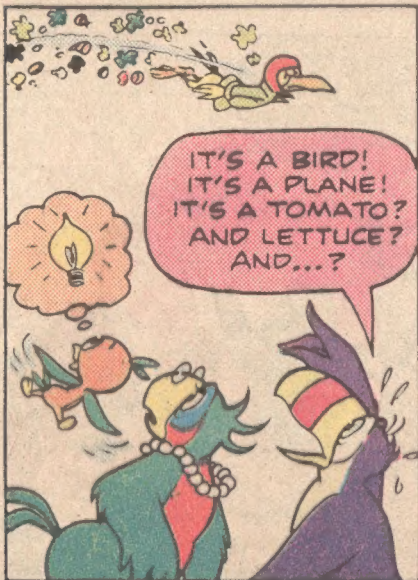
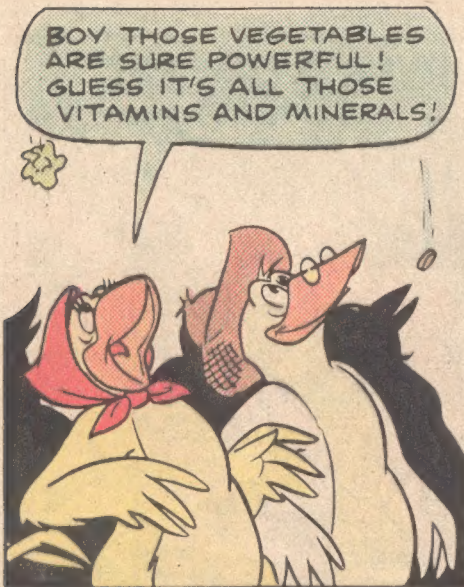










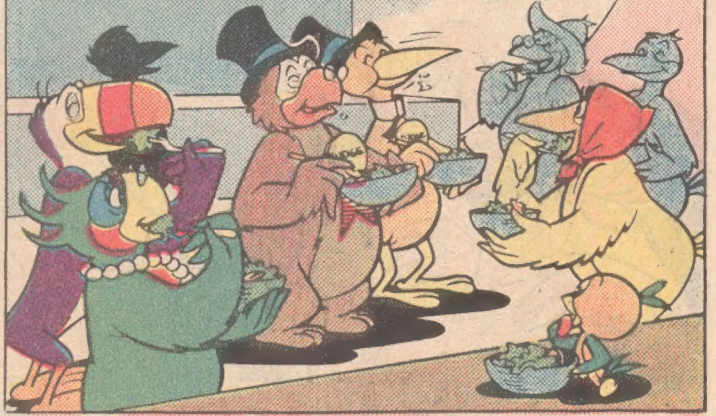


IT LOOKS LIKE THAT HORSESHOE ISN'T GOING TO HELP YOU WIN THIS CONTEST EITHER!



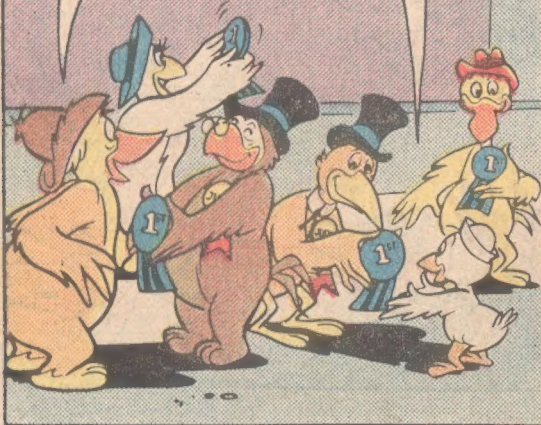
LATER...

THIS IS A DELICIOUS SALAD! I THINK YOU SHOULD ALL WIN A PRIZE!

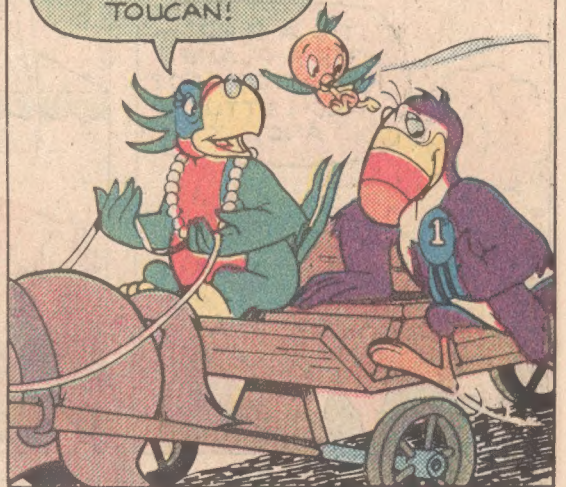


WOW! MY FIRST BLUE RIBBON!

WAIT'LL MA SEES THIS!

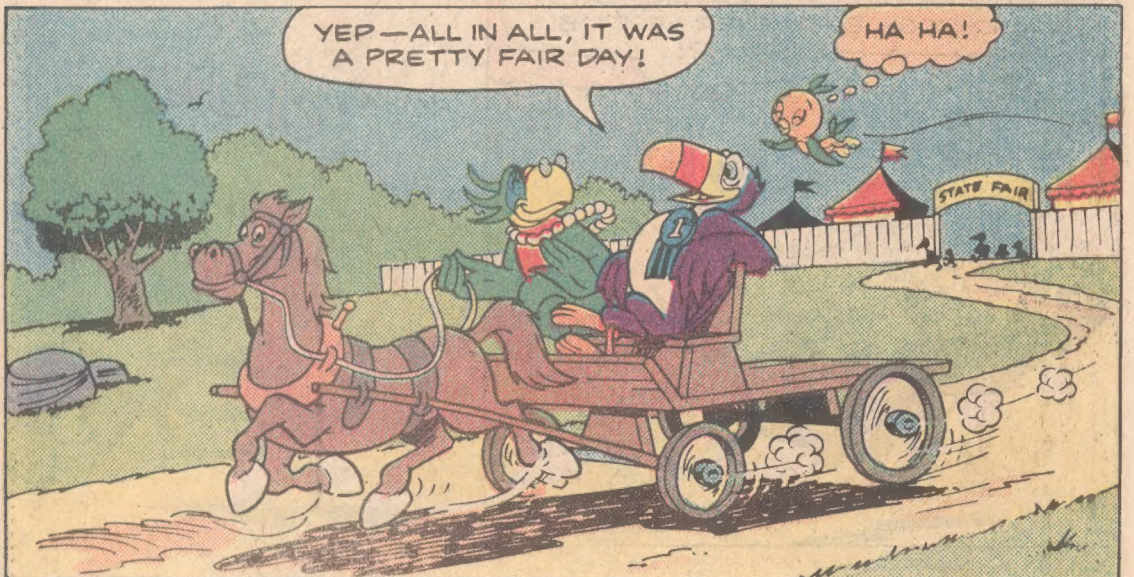


I GUESS IT WAS YOUR LUCKY DAY AFTER ALL, TOUCAN!



YEP—ALL IN ALL, IT WAS A PRETTY FAIR DAY!

HA HA!



THE ORANGE BIRD IS DREAMING ABOUT BREAKFAST

Draw a good breakfast for the Orange Bird.



